

Human actions



1. **GENERAL ACTIONS: Complete each of the sentences below with the most suitable word from the box. In some cases, more than one answer is possible.**

fainted • shivered • fidgeted • sweated • trembled • nodded • dived • started • squatted • crouched • dozed stretched • leaned / leant • dragged • blushed

1. He woke up, stood up and _____ his arms and legs.
2. The suitcase was too heavy to pick up, so she _____ it across the platform.
3. We _____ down to get through the low hole in the wall.
4. She _____ on the floor, trying to get the stains out of the carpet.
5. He _____ in and swam across the pool under water.
6. He _____ out of the car window and was almost hit by another car coming in the opposite direction.
7. She _____ in fear when she saw the lion come towards her.
8. She _____ with cold in the bitter wind.
9. The tennis players _____ in the hot sun.
10. She _____ with embarrassment when he spoke to her.
11. She _____ in surprise when she heard the loud bang.
12. She _____ when she saw the blood, and remained unconscious for about ten minutes.
13. She _____ off for a while after lunch and was suddenly woken up by the telephone ringing.
14. When he asked her if she understood the question, she _____ yes.
15. After an hour, he couldn't sit still any longer and _____ in his seat.

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2. **WAYS OF MOVING Match the verbs on the left with the person who might behave in that way on the right.**

Verbs
hop
dash
crawl
creep
tiptoe
leap
dawdle
stagger
skip
march
stroll

Person
A. A man who has been injured in an accident but is still able to walk to the hospital.
B. People walking in the park on a warm summer evening
C. A girl jumping across a wide stream of water
D. Soldiers on parade
E. Someone who has hurt their foot and must move around on one leg.
F. A young man running home to watch the football on television.
G. Young children running, hopping and jumping along the road.
H. A very young baby who can't walk yet.
I. A teenage daughter arriving home late and walking quietly up the stairs.
J. A boy walking quietly past a sleeping dog
K. A child walking very slowly to school

3. **HAND AND ARM ACTIONS: Choose the correct verb in each of the following sentences.**

1. He **punched / snapped / grabbed** me on the nose.
2. They all **punched / slapped / shook** him on the back to congratulate him.
3. The nurse **pointed / beckoned to / saluted** her to come into the room.
4. She **rubbed / wiped / stroked** the cat as it sat in her lap.
5. He **patted / wiped / folded** his pocket to make sure his wallet was still there.
6. He **snapped / grabbed / flexed** his suitcase and ran to the train.
7. It was dark in the cellar and he had to **grope / scratch / grab** for a light switch.
8. Ordinary soldiers must **salute / shake / point** their officers.
9. They **waved / punched / beckoned** goodbye as the boat left the harbour.
10. He **groped / scratched / stroked** his head as he wondered what to do
11. He sat down and **tapped / crossed / folded** his arms.
12. Here's a handkerchief - **wipe / pat / rub** your nose.
13. You should always **pat / grope / shake** the bottle before you open it.
14. A policeman **tapped / scratched / stroked** him on the shoulder and arrested him.
15. He **shook / rubbed / wiped** his hands together to get them warm.

4. **IDIOMS, COLLOQUIALISMS AND OTHER EXPRESSIONS: Look at the expressions in bold in the following sentences and decide if the definitions which accompany them are TRUE or FALSE.**

1. She **made a beeline** for the chocolate cakes.
She walked slowly towards the chocolate cakes.
2. **Once bitten, twice shy**.
Once you have had a bad experience, you will not want to do it again.
3. The telephone's **on the blink**.
The telephone is ringing.
4. We all gave Brian a **pat on the back**.
We all congratulated Brian.

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5. She **looked daggers** at me.
She looked at me angrily.
6. He **ran like the wind**.
He ran very fast.
7. We **salute** the firemen who entered the burning building to save lives.
We are angry with the firemen.
8. **Don't look a gift horse in the mouth**.
Don't be unkind to people who are less fortunate than you.
9. In the coffee break I went into the garden to **stretch my legs**.
After sitting down for a long time, I went for a small walk.
10. Bob is not **fully stretched**.
Bob is not very tall.
11. There was a **mad dash** to buy the tickets.
Nobody wanted to buy the tickets.
12. Don't worry - I was only **pulling your leg**.
I was only teasing you.



Free time activities



1. **Look at the boxes below.**
   In the first box, you will see a list of verbs in bold, and some of the words we use with them. These are all things that people do in their free time.
   In the second box, you will see a list of verbs we use to say that we like something.
   In the third box, you will see a list of adjectives that we use to describe why we enjoy different activities.
   Use your dictionary to check that you understand all the words and expressions, then write a few sentences to say what you enjoy doing in your free time, and why you enjoy doing them.

watch television, films, videos, plays, sporting events (football matches, golf tournaments, etc)
listen to the radio, music, CD's
play sports (football, volleyball, tennis, golf, badminton, table tennis, etc)
play chess, video games, computer games, board games, cards, card games
play musical instrument (the piano, the guitar, the violin, the saxophone, the drums, etc)
go swimming, camping, skiing, shopping, running, jogging, climbing, walking, hiking, horse-riding, sailing, canoeing, cycling
go to the cinema, the theatre, concerts, shows, the pub, restaurants, the library, museums, art galleries, football matches, amusement parks

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read books, magazines, newspapers, journals, comics
collect stamps, postcards, antiques, coins, works of art, paintings
socialize with your friends (in pubs, bars, cafés, nightclubs, restaurants, at home, etc)
surf the Internet

For activities like *photography, cooking, painting, writing, drawing, sewing* and *knitting*, there are no special verbs. We usually use **enjoy** or other verbs (e.g., I enjoy photography / taking photographs).

Activities that you do outside the house are called *outdoor activities*.

like • enjoy • love • adore • am fond of
am keen on • mad about • am crazy about

interesting • creative • challenging • fun • exciting • relaxing
inspiring • amusing • entertaining • stimulating • therapeutic • sociable



Actions



1. **Put these actions into the appropriate box, depending on which part of the body does them. Some of them can belong in more than one box. There is an example in each box.**

~~beckon~~ • ~~blink~~ • ~~cough~~ • ~~crawl~~ • creep • cross • dash • flex • frown • gaze • glance • glare • glimpse • grab • groan • grope • hiccup • jump • laugh • leap • limp • march • mutter • nudge • pant • pat • peep • peer • point • puff • punch • rub • scream • shout • sigh • slap • slip • snap • snarl • sneeze • sniff • snore • squeeze • stagger • stammer • stare • stretch • stroke • stroll • tap • throw • trip • trudge • wander • watch • wave • whisper • wink • wipe • yawn • yell

1 Things we do with our arms and hands	2 Things we do with our mouth and nose
beckon	cough
3 Things we do with our feet and legs	**4 Things we do with our eyes**
crawl	blink

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2. Complete these sentences with the most appropriate word from the opposite page. You will need to change most of the forms. There is an example at the beginning (0).

0. I saw the bus approaching and **dashed** for the bus stop.
1. She _____ on her hands and knees through the smoke-filled room in terror when she saw the snake.
2. We spent most of the morning _____ through the thick snow with difficulty.
3. Brian was _____ violently.
4. 'Bless you', I said, when she _____.
5. I watched the cat slowly _____ the unsuspecting bird.
6. I asked her why she was _____ and didn't understand the homework.
7. The last time I saw her, she was _____ towards the door, and she told me she was saying goodbye to me.
8. She _____ with relief when she eventually saw him.
9. The audience were _____ their feet in time to the music.
10. They _____ at me angrily, not saying a word.
11. I _____ her with my elbow and told her to be quiet.
12. Sally _____ all night and kept me awake.

In the exam ...
You are often asked to write a story in Part 2 of the Writing Paper. If you write a story, you may find some of the words in this test useful, and they will help to make your writing more interesting.

LIVEWORKSHEETS



Cinema and theatre

Unit 2

1. **Choose the correct words or expressions in bold to complete this text. There is an example at the beginning (0).**

At the cinema

Last week I saw an excellent **(0) film / performance** at the new cinema on the High Street. It's one of those huge **(1) multi-screen / many-screen** complexes where there is always a **(2) collection / selection** of ten films to choose from.
There was quite a long queue at the box **(3) office / kiosk**, but I got my **(4) ticket / card** (which also included free **(5) admit / admission** to the Museum of Modern Film in London as part of a special **(6) promote / promotion**) and went into the **(7) arena / auditorium**, where the **(8) usher / porter** helped me to find my seat.
The lights went **(9) down / up**, but before the film started we watched some **(10) trailers / previews** for forthcoming films and some **(11) promotions / advertisements** for soft drinks and fast food restaurants. The film was a **(12) drama / dramatic** called *House of the Horse* and is currently on general **(13) release / exhibition** at cinemas across the country. It **(14) stars / shows** actor Brad Gibson in the **(15) role / place** of a man who loses his job and decides to breed racehorses.
Gibson gave an excellent **(16) perform / performance**, the **(17) soundtrack / orchestra** was very moving, and some of the special **(18) effects / affects** were great. The **(19) audience / spectators** enjoyed it a great deal and, although I don't usually like this kind of film—I prefer **(20) thrillers / thrillings**, **(21) horrible / horror** movies and **(22) comedians / comedies**—I found it very **(23) enjoyable / enjoying**. Unfortunately the newspapers' **(24) critics / criticisms** weren't so positive; they thought it was **(25) boring / bored** and generally gave it very negative **(26) reviews / previews**.

At the theatre

The next night I saw a **(1) drama / play** at the Old Rick Theatre in the city centre. It was a **(2) musical / musician** called *Whistle with Wind* and was **(3) set / located** in a baked-bean factory. It was a **(4) disaster / disastrous**. The curtain went **(5) on / up** almost half an hour late, and from the beginning it was clear that the whole thing had been very badly **(6) practised / rehearsed**; half the **(7) crew / cast** kept missing their entrances. In the middle of the first **(8) scene / scenery**, there was a power cut, and the entire **(9) stage / platform** was plunged into darkness. At the end of the first **(10) act / action**, half the audience left, and at the end of the **(11) performance / performing**, when the curtain finally came **(12) down / up**, the **(13) applause / clap** was very thin. Apparently, the **(14) director / conductor** had resigned a few days before the first night.
I often wonder why people bother paying so much to see **(15) live / alive** shows full of mistakes when they can watch **(16) pre-recorded / ready-made** shows on television for much less.

LIVEWORKSHEETS



Free time activities

Unit 2

1. **Match the verbs in X with the items in Y. Some verbs can be used more than once. Here is an example:**

We play cards.

play • do • go • collect • make • surf

cards • rock climbing • the internet • postcards • horse riding • clothes • hiking • shopping • tennis • photography • camping • computer games • chess • jogging • cooking • coins • swimming • skiing • volleyball • antiques • stamps • the piano • the guitar • things using your hands

2. **Now look at these following descriptions and decide what is being talked about. <u>Underline</u> the words which helped you to decide. There is an example at the beginning (0).**

0. The best time of the day to do this is early in the morning, before it gets too hot. It's not very expensive; all you need is a good pair of trainers and a bit of stamina. It keeps me very fit. **<u>Jogging</u>**
1. I spend most of my free time doing this. I love being able to find out so much information by just pressing a button and looking at a screen. It brings the whole world into your house. _____
2. I go about twice a week. Everybody says that it's the best way of keeping fit. I usually do about fifteen or twenty lengths. If I stay longer, the chlorine really irritates my eyes. _____
3. Some of them are really exciting, and as technology gets better, they're becoming more realistic. You can do it on your own, or with other people via the World Wide Web. _____
4. It can be very expensive, since you need to buy things like lenses and a flash. The processing and developing can also cost a lot. However, it's very satisfying to see the finished product, whether it's a slide or a print. _____
5. I practise every night. As soon as I get home, I plug it into the amplifier and turn the volume up. My neighbours must hate me! _____
6. I joined the club at my school last year. It's a very peaceful activity, but it really makes your brain work, working out moves and strategies. It's one of the oldest games in the world. _____
7. Most of the time I wander around looking in the windows, but sometimes I can't resist going inside and spending something. It makes me feel really good. Some people call it retail therapy! _____

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8. I've got about five hundred from all over the world. I ask friends to send them whenever they go anywhere. My favourite one is a picture of Paris in the nineteenth century. _____
9. I find chopping and peeling things very therapeutic. And I love mixing sauces, marinating meat and fish and so on. Unfortunately, I usually manage to burn everything! _____

In the exam ...
You may be asked to **talk or write** about how you like to spend your free time, or about hobbies and activities that you would like to try. You may need to describe these activities in detail and explain why you like or would like to do them. You may also have to describe some activities you did as part of a holiday, or different hobbies that you have had during different stages of your life.



Leisure Time



1. **Listen to two people talking about what they do in their free time. 12a**

What do they prefer doing: going out or staying in?

1. _____ 2. _____

2. **Read the recording script and underline the phrases the people use to describe what they do in their free time.**

Speaker 1: Well, I always like going for a meal with friends, and I'll go to a party if I'm invited. But to be honest, I'm happiest at home. I get in from work quite late, so I just put some music on and cook myself something to eat. I don't watch much television because I've got several hobbies. I paint and draw, which is really relaxing, and I also collect china and porcelain. I go to antique fairs and look in old junk shops and places like that when I get the chance! And I love catching up on recent films too – I've got a big collection of DVDs, so I often watch one of those. I'm certainly never bored!

Speaker 2: What do I do after work? Well, I get together with friends mostly. We sometimes go round to someone's flat if there's a big match on, and we cook together or get a takeaway and then sit down and watch the match. After that, we sometimes play cards too. But we'd rather go out if we get the chance. We go clubbing once a week, we go to the cinema, that sort of thing. And in the summer we get outside – we go to the beach, go swimming and surfing, have a barbecue. I don't spend a lot of time in, but when I am at home I tend to read a book rather than watch TV – well, unless there's sport on...

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3. **COMMON EXPRESSIONS – Put the expressions into the correct category in a chart. You can sort them like this:**

TV · a concert · games · a party · surfing · a film · swimming · a restaurant · shopping · the cinema · a drive · a club · a quiet night in · the theatre · a play · cards · a barbecue · a DVD · a drink · the beach · clubbing · friends round · a walk · a match

STAYING IN	GOING OUT
to have a party	**to go**
to watch	**to go to**
to play	**to go for**



4. **Do you prefer going out or staying in? use the expressions above and the words below to talk about yourself.**

When I have some free time, I prefer to _____, and I also enjoy _____ and _____ but I don't really like _____ or _____

LIVEWORKSHEETS

5. Match pictures A-H with the games and pastimes 1-8.



1. jigsaw puzzle _____
2. crossword _____
3. cards _____
4. dominoes _____
5. snakes and ladders _____
6. backgammon _____
7. chess _____
8. su doku _____

Vocabulary note

We play games e.g. chess.
We do other pastimes/activities e.g. a crossword.
We collect objects e.g. stamps.

6. Complete the following paragraph about hobbies using the correct form of the verbs play, do, or collect.

Everyone in my family has a hobby. My brother **(1)** **plays** chess; he only took it up recently and he plays really well. My sister **(2)** _____ unusual shells, and my parents **(3)** _____ the crossword in the newspaper every day.

As for me, someone showed me how Sudoku puzzles work and I've really taken to them, so I **(4)** _____ them all the time now. When we're all together at the beach or at home in the winter, we **(5)** _____ cards and we sometimes **(6)** _____ board games like Snakes and Ladders or backgammon too.

7. PHRASAL VERBS Match these phrasal verbs with "take" with an object and a meaning.

TAKE	after	your hat	hear and remember
	in	a business	accept
	off	a new friend	resemble some-one
	on	information	fill up
	over	space	develop a liking for
	up	someone in your family	gain control of
		work	remove

Vocabulary note

Take is used with **up** to mean you begin doing something as a hobby: I took up chess last year.
Take is used with **to** to mean you really enjoy doing something: I've really taken to su doku puzzles.

LIVEWORKSHEETS

8. Use one of the phrasal verbs with *take* to complete these sentences.

1. I **took to** Gemma's flatmate, Kate, as soon as I met her.
2. There was so much to _____ at the lecture that I found it hard to make notes about everything.
3. The piano _____ a lot of space downstairs, but we all enjoy playing it.
4. Now you're here, why don't you _____ your coat and sit down and have a cup of coffee?
5. Aidan _____ his father — he looks and sounds just like him at times.
6. Amanda's decided to _____ some more teaching now the children are older.
7. GDC Electronics has finally _____ its rival, Telectrical.

9. Look at the words below. Write C in the space if they are for the cinema, T if they are for the theatre or B if they are for both.

actor	___	critic	___	performance	___	special	___
audience	___	director	___	plot	___	effects	___
box	___	documentary	___	rehearsal	___	stage	___
office	___	drama	___	reviews	___	studio	___
cartoon	___	dressing room	___	science	___	subtitles	___
cast	___	location	___	fiction	___	thriller	___
costumes	___	musical	___	screen	___	trailer	___
comedy	___		___	soundtrack	___		

10. Listen to two people talking about whether they prefer going to the cinema or theatre. Which does each one prefer, and why? 12b

The woman prefers going to the _____ because _____.
The man prefers going to the _____ because _____.

Which do you prefer, and why?
I prefer going to the _____ because _____ .

11. Listen to these reviews of popular films. Which kind of film is being described in each one? Choose the correct word from the box. There is one word you will not use.

cartoon • western • thriller • romantic comedy • horror • documentary • drama

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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12. Look at the recording script for 12c. All the words in *italics* are *adjectives*. They are all positive in meaning. They can all be used with the word *film*, *play* or *story*. But not all reviews are good, and some will contain negative adjectives.

Review 1: ...offering the audience a lively **view** of the origins of skateboard culture in early **1970s** Los Angeles, director Stacy Peralta's film 'Dogtown and the **Z-Boys**' **offers** a surprisingly moving and **dramatic view** of recent history. The film is narrated by actor **Sean Penn**, who grew up in the **neighbourhood** between Santa Monica **and** Venice Beach, which **was** nicknamed Dogtown.

Review 2: ...a star-studded cast provides the voices for the cutely drawn prehistoric creatures in this entertaining computer-animated story called '**Ice Age**', **which is** set 20,000 years ago.

Review 3: Richard Gere pairs up with Jennifer **Lopez** in '**Shall We Dance?**', a convincing film about a lawyer whose interest in life is **unexpectedly** restored by a dance teacher. He first glimpses her from a train window as he travels home from work and then...

Review 4: A beautifully **shot** and very **stylish** film, 'The Last Wagon' stars Richard Widmark as a **white** man brought up **by** Comanche Indians. When the wagon train he is riding **with** is attacked, he must lead the **survivors** to safety through the desert.

Review 5: Bielinsky's excellent film 'Nine Queens' is a complicated tale of cops and robbers. The plot is gripping and, with its constant twists and turns, it keeps the viewer guessing **until** the **very** last minute.

Review 6: This gently amusing film, written by Marc **Norman** and Tom Stoppard, '**Shakespeare in Love**', tells the story of England's most **famous** playwright, William Shakespeare, **as** he tries to win **fame** in London and gain the love of **would-be** stage star Viola. It's an extremely funny and very clever blend of fact and fiction.

13. Look at the adjectives below. Mark them P for positive, or N for negative.

gripping **P**	brilliant	unimpressive	imaginative	stunning
uninspired	tedious	fascinating	uninteresting	wooden
entertaining				

14. Choose the appropriate adjective to complete the paragraph.

Friends had recommended a new thriller called 'Green Line'. They said that the plot was absolutely **fascinating/unimpressive** and that lead actor Gene Bruno gave a really **wooden/brilliant** performance. But I was bitterly disappointed when I went to see it; I found the plot totally **imaginative/uninteresting** and halfway through the film, I guessed the ending. The directing was totally **uninspired/gripping** as well: probably because the story, which was based on a case of mistaken identity, was horribly **tedious/stunning**.

LIVEWORKSHEETS

EXAM PRACTICE

WRITING – Part 1: Letter

You are staying in an English-speaking country and have received this letter from the manager of the film club you belong to. Read the letter and the notes you have made. Then write a reply to Mr Johnstone using all your notes.

Exam Tip

In Part 1, always show you are aware of who you are writing to by following the style and register of the email or letter you are given.

Write a letter of between 120-150 words.

Dear Student

We are planning to make a few changes to the film club next year, so I am writing to all our members, asking them for their answers to a few questions.

Yes...!

First of all, I would like to know if you enjoy the film club and the films we offer?

Suggest...

Second, we are particularly interested in what students would like, so do you have any suggestions about new films we could show?

Tell Mr Johnstone...

Next, do you think it would be a good idea to have a café in the cinema where people could get drinks and snacks?

Finally, do you think it would be a good idea to run the film club on a Thursday afternoon as well as a Friday evening?

Thanks for taking the time to write back.

No, because...

Yours sincerely
Robin Johnstone

READING – Part 3

You are going to read some film reviews. For questions 1-6, choose from the films A—C. The films may be chosen more than once.
Which review mentions

some amusing moments?	**1**
the story being based on a true event?	**2**
a well-designed plot?	**3**
the impressive performances of the main actors?	**4**
a storyline which is rather unimaginative?	**5**
making excellent use of technology?	**6**

Sally Strikes Again!	**The heat of summer**	**The Triangle**
Other recent films about sea creatures have managed to appeal to both adults and kids, but I don't feel this one necessarily has all the ingredients to do that. One fish much like another to me, but there are some good lines which make you laugh out loud and the computer animation is amazing.	Harry Elfondo and Heather Mackenzie play the leading roles in this film aimed at teenagers. Elfondo adds class and assurance and Mackenzie is affecting and affectionate. Despite the fact that there are few original thoughts in the plot and parts are quite tedious, you can't help wanting to find out what happens to their characters in the end.	This murder mystery is director Jimmy Sykers most accessible, entertaining work since *Live Again*. In his usual style a dozen or so key characters cross paths in unexpected ways until everything becomes clear in the last ten minutes. The film is set in a fictional mining town but it is about a struggle for survival which actually took place in a town in western Canada.

LIVEWORKSHEETS

Phrasal Verbs with Come

Unit 2

1. **Match the sentences in the left-hand column with those in the right-hand column. Use the phrasal verbs in bold to help you.**

1. We came across this little restaurant when we were out walking. 2. The children have come down with measles. 3. The policewoman came up to him and asked to see his passport. 4. Jenny came into a fortune when she was twenty-one. 5. Simon's come out in a rash. 6. When we suggested moving to another office, we came up against a lot of opposition from the management. 7. The message came through this morning. 8. Come along, or you'll miss the bus. 9. Our team came off badly in the competition. 10. When she came to, she was in hospital. 11. Richard came up	A. Oh dear. It's such an unpleasant disease. B. He was obviously a bit nervous as the officer got closer C. I'm not surprised. I knew they'd get in the way. D. Really? Where did you find it? E. He's always saying something unexpected. F. For how long had she been unconscious? G. How could it? The phone has been disconnected and the fax machine is broken. H. You're always in such a hurry. Let me take my time. I. I'm not surprised. I didn't think they'd do very well. J. My son has developed one as well on his chest. K. Lucky her! Who did she inherit it from?

LIVEWORKSHEETS