



PET B1 Listening: Environmental Problems & Action

Directions: Listen to the audio and fill in each blank with **NO MORE THAN THREE WORDS**.

This morning we're continuing to look at (1) _____ to see what we can do to help. And we can (2) _____ if we try. We often forget that as people who go shopping, we have a lot of power. If one company does something we don't like we can always shop somewhere else.

Then there's the amount of (3) _____ that comes with the goods we buy. Try buying things that aren't wrapped in it. And if you're offered a bag and you don't need one, just say 'no thanks'. And any plastic bags you have at home, don't (4) _____. Put them away somewhere until your next shopping trip and use them then.

On the subject of throwing stuff away, I try to keep things that other people might be able to use. There are always (5) _____ which are very happy to help you (6) _____ your old clothes or things in the house. Knowing that someone else is getting pleasure from something you no longer need is a lovely feeling.

(7) _____ is of course a big problem, and we often feel that as (8) _____ we have no power to make any difference. But that's not true. Find out what some of the local environmental problems are and see how you can help. Get together with friends and help to (9) _____ from local rivers or (10) _____ from the streets around your home to keep the area looking tidy.

Finally, let's turn to energy. Cars are here to stay for the moment, and it would be difficult to ask people not to use them at all. But we should all try to avoid making (11) _____. Go by bike or (12) _____ sometimes or, if you work in the same area as your neighbour, try (13) _____. Take it in turns to drive to work.