

Part 2.1

Exam task

3

The people below all want to join a sports class. On the next page there are descriptions of eight classes. Decide which class would be the most suitable for the following people. For 1–5 write the correct letter A–H.

1



Chloe enjoys team sports but doesn't want to play in competitions. She needs a morning class. She doesn't have much money and can't afford to buy expensive equipment. ☐

2



Mike isn't very fit. He would like to get fitter, but he finds exercise boring. He's looking for an evening class that is different every week. He'd also like to see how he is improving over time. ☐

3



Sofia loves sport but is recovering from a serious injury. She wants to train in the afternoon with someone who understands her injury and can give her advice on exercises she can do at home. ☐

4



Jack is very fit and is planning a challenging 200 km run. He wants to train at least twice a week and would like some personal training too. He wants to train indoors and outdoors. ☐

5



Tara takes sport seriously. She plays hockey and tennis and wants to improve her skills and take part in competitions. She isn't free from Monday to Friday. ☐

Sports classes

A Sport for life

Weekly sessions in seven different sports, including squash, tennis and basketball. Do your favourite sport or try new ones each week. Classes take place on Thursdays 3–4 p.m. and Sundays 2–3.30 p.m. in Green Park and in the Park Gym. We don't believe in winners and losers, just in having fun!

C Active plus!

This is a great class for people who enjoy playing sport with others in an informal way. Choose from a range of sports, including 5-a-side football and hockey. Classes are on Saturdays from 9–11 a.m. We provide balls, hockey sticks, etc. and a monthly report on how your fitness is improving.

E Fitness for all

If you're looking for a gentle, low-cost exercise class, Fitness for all offers exercises to improve your strength and confidence slowly. Our trainers are qualified to help with individual problems and can give you extra ideas to try outside the class. No equipment necessary. Classes: every Tuesday from 2 to 4 p.m.

G Rising stars

We believe sports are for winners! We offer training from professional sports coaches to help you become a more successful player. Choose from a range of team and racket sports. Players are encouraged to join local and national leagues. Classes: every Saturday and Sunday, or book an individual lesson with one of our trainers.

B Top training

Our club offers individual training sessions in the gym, with a personal trainer. The class is ideal for people who enjoy training alone and are keen to improve their fitness, or people who have particular difficulties with their fitness. Classes: every morning 9–11 a.m.

D Water-cise!

Have fun and get fit at your local sports centre! Classes every Tuesday and Thursday from 6–8 p.m. No two classes are the same! We organise regular competitions and also offer individual fitness checks every month, plus the chance to gain progress certificates.

F Sport for all

This class is for people who want to take up a sport such as football or tennis for the first time. It's a great way to get fit in the fresh air. Classes start with training exercises, followed by a game or small tournament. Classes: every Tuesday and Thursday, 6–8 p.m. All equipment provided.

H Go for it!

This is a class for people who want to push themselves so they can compete against other people or themselves! Training takes place every Tuesday, Thursday and Saturday. Classes involve a one-hour run in the park, followed by weight training in the gym. Individual coaching and advice on improving fitness at home are also available.

Part 2.2

Exam task

3 The people below all want to find a new free-time activity. On the next page there are descriptions of eight clubs. Decide which club would be the most suitable for the following people. For 1–5 write the correct letter A–H.

- 1**



Emma loves using her imagination in a creative way. She loves working on projects with other people, and she would like to visit places and see creative people at work. ☐
- 2**



Marco loves making things, and he enjoys meeting people from other cultures. He would like to learn a skill that he can use outside the class. ☐
- 3**



Amina is interested in serious issues. She enjoys listening to talks and learning about life in other countries. She would also like to discuss her ideas and opinions with other people. ☐
- 4**



Niko enjoys going to different places and meeting people from different backgrounds. He's also keen to find out about the place where he lives. He's especially interested in history. ☐
- 5**



Erica is keen to help other people. She enjoys events where there are crowds of people. She wants to learn skills she can use in a job when she finishes her studies. ☐

Activity clubs

A Think!

Do you want to know more about international events? We meet once a week for an informal discussion. Each week we watch a film from around the world and/or invite speakers to help us understand recent events. At our next meeting we are showing a film about earthquake rescue teams.

C Party Plus

At Party Plus, we are looking for new people to help us. We organise street parties and concerts to raise money for local charities. It's challenging work, and you have to work with a wide range of people, but you'll have a lot to offer future employers and you'll make a difference!

E Nature lovers

Are you interested in nature? Our group has been exploring the wildlife of the city for over 100 years! We organise talks from experts on the animals and plants around us. We also work in small groups to think of ways to improve life for the animals and people in our city!

G A world of food

We can teach you to prepare delicious dishes! Our trainers come from five countries, and they love to share their recipes and the history of their cultures. This class will teach you how to create wonderful food in your own kitchen. You never know, you might decide to become a professional chef one day!

B Games and chat

We meet once a week to play computer games. We give our views on new games and talk about games past and present. We also organise trips to game shows to see how designers come up with new ideas and create new games. You'll discover a whole new world!

D Come dine with me

We meet regularly to visit restaurants and enjoy eating delicious food from all over the world. We also invite chefs from other countries to tell us about how food is grown and prepared where they come from. There's usually quite a large group of us, so it's a wonderful way to meet people.

F Action!

We are a film club, but we don't watch films – we make them! We're always looking for new people with interesting ideas. You will do activities in small groups, so it's a great way to learn new skills and make friends. We also organise regular trips to film studios to see how the professionals do things.

H City explorers

Get out and about with City explorers! We explore our own city and produce information guides so that visitors can enjoy it too. We also produce maps of the city, past and present, showing how it's changed. We often get together with groups from other towns and cities to compare information and experiences.