

Lesson 1A

GRAMMAR | present simple and present continuous; state verbs; adverbs of frequency

VOCABULARY | people and relationships; personality adjectives

PRONUNCIATION | connected speech: *do you*

VOCABULARY

people and relationships

1 A Choose the correct word to complete the sentences.

- I'm going to ask my if she can increase my pay.
a colleague b manager c teammate
- I know a lot of people, but only a few of them are friends.
a big b close c near
- My and I first met at a party last year, but we didn't become a couple until recently.
a daughter b parents c partner
- I work for a small company, so I have few
a colleagues b neighbours c teammates
- My and I played well, but we lost the match.
a partners b teammates c colleagues
- When I was very young at school, I spent my summers at my farm in the country.
a children's b daughter's c grandparent's

B Complete the sentences. Use a preposition and the correct form of the words in brackets.

I ¹ (be / friendly) lots of people in the area, but only a few of them are close friends – old school friends and a couple of teammates from the football club.
My grandparents are both really funny. I ² (look) to them because they can make anyone laugh.
Unfortunately, I ³ (not take) either of them. I'm more similar to my dad, who is very serious!
My partner and I ⁴ (get / well) when we first met, but these days we have a lot of arguments.
I changed jobs last year, but I still ⁵ (stay / touch) with my old colleagues.

personality adjectives

2 Complete the sentences with a personality adjective. The first letter is given.

- A r person always does what they promise.
- A h person does things to support other people.
- Someone who is e -g is quite relaxed about things.
- If a person is p, they don't mind waiting in a queue.
- Someone who doesn't hold doors open for people behind them is r
- A person who makes people laugh is f
- Someone who is k is nice to other people.
- A person who often gives their time, gifts or money to other people is g
- Someone who loves telling other people what to do is b
- A t person likes to put things away.

GRAMMAR

present simple and present continuous; state verbs; adverbs of frequency

3 A The sentences below have a mistake. Choose the best option to correct the mistake.

- I usually sit in an office all day, but I work from home right now.
a I worked b I've worked c I'm working
- I like tea, but I am preferring coffee these days.
a I prefer b I've preferred c I preferred
- My car is needing a good clean at the moment.
a needed b needs c has needed
- This week and next week, my friend and I travel around the country.
a travelled b have travelled c are travelling

B Complete the email with the words in brackets in the present simple or present continuous form.

Hi Jen,

How are things? Life's not very exciting here but it's OK.

I ¹ (save) up to buy a flat at the moment, so

I ² (live) with my parents for a few months.

I spend most evenings with my parents. We ³ (watch) this really good series on TV at the moment.

We all ⁴ (like) it a lot. My closest friend

⁵ (study) for a PhD right now, so she

⁶ (usually / be) busy, but we often get

together and play tennis. She ⁷ (always / win) unfortunately. She ⁸ (not know) it, but

I ⁹ (not work) this week. So, I

¹⁰ (practise) tennis and maybe I'll win

for a change!

Love, Becky

PRONUNCIATION

4 **1.01** | connected speech: *do you* | Listen and write the missing words.

- What time get up in the mornings?
- How to work?
- When home in the evenings?
- out at night?
- What at the weekends?
- Who the most time with?



LISTENING

- 5A** **1.02** | Listen to the introduction to a radio programme. Choose the correct topic.
- who people spend time with at the weekends
 - people and activities that help with stress
 - new skills that people are trying to learn
- B** **1.03** | Listen to the next part of the programme. Which caller (1–5) is positive about the following things?
- music
 - family
 - competing with friends
 - doing exercise
 - being outside
- C** **1.03** | Listen again. Are the statements True (T) or False (F)?
- Caller one lives near an area of nature.
 - Caller one enjoys going outside after work in the winter.
 - Caller two only sings a few kinds of songs.
 - Caller two and his friends sing in a group together.
 - Caller three chooses the game he and his friends play.
 - Caller three's friends make him laugh.
 - Caller four's children look like her.
 - Caller four would like to have more sleep.
 - Caller five only runs when it's dry.
 - Caller five runs at the end of every day.
- 6** **1.04** | Listen and write what you hear. You will hear the sentences only once.
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WRITING

a personal profile

- 7A** Complete the online profile with the linking phrases in the box.

also as well as because for example too

About me ...



My name's Jess Arnold and I'm a science student at the University of Leeds. You can often find me looking at the night sky ¹ I believe there is so much to discover about space, ² our own planet.

I was born in a town near Leeds. My dad first got me interested in space when he took me out to look at the stars one night. I was five. I often follow the activities of different space agencies online and I read anything I can about the International Space Station, ³ I'm currently writing a blog and I'm ⁴ starting a video channel for kids, with videos on different topics, ⁵ about why stars die out.

If you love space and want to get in touch, contact me at JArnold93@email.me.

- B** Number the topics in the order that you read about them in the profile.

Current projects

Job/Studies

Name

Regular activities

Home town

Personal beliefs

- 8** Imagine you are Jed Nowak. Write your personal profile. Write 100–140 words.

- Use the notes below.
- Use the profile in Ex 7A to help you.
- Include linking phrases.

- Start your profile with *My name's Jed Nowak ...*

Jed Nowak / musician / band called *Honest Truth* / believes music brings people together / thinks music makes people happy / thinks the world is a better place with music

grew up in Warsaw / moved to the UK when 12 / started playing guitar at school aged 14 / not very good at first / loved it / worked hard to become better / started the band with friends aged 17 / rock music his favourite / likes hip hop, rap, classical – all kinds / wants to get a contract with record company / wants people to listen to their music / band has a video channel – HonestTruthMusic