



Past simple/continuous

PAST SIMPLE
We use it for: • Finished actions in the past • Actions happened one after another • Past habits How can I form it: • Regular verbs -- -ed • Irregular verbs -- tercer columna

PAST CONTINUOUS
We use it for: • Actions happening at specific moment in the past • Backgrounds actions in stories • Interrupted actions How can I form it: • Subject + was/were + verb-ing

TIME EXPRESSIONS
• Past simple: yesterday, last week, last year, ago, in 2024 • Past continuous: while, when, at 6 p.m., all evening

EXERCISE 1 – Complete with the PAST SIMPLE

1. Sara _____ (visit) her grandparents last weekend.
2. My friends _____ (watch) a funny movie yesterday.
3. We _____ (play) football after school.
4. The baby _____ (cry) all night.
5. Dad _____ (cook) pasta for dinner.
6. I _____ (go) to the beach last summer.

EXERCISE 2 – Complete with the PAST CONTINUOUS

1. I _____ (do) my homework at 5 p.m.
2. They _____ (play) in the garden when it started to rain.
3. She _____ (read) a comic while her brother was sleeping.
4. We _____ (watch) TV last night.
5. It _____ (snow) during the morning.
6. My mum _____ (talk) on the phone at that moment

EXERCISE 3- Read the situations and choose the correct tense: Past Simple or Past Continuous.

1. Tom _____ (eat) breakfast when the phone rang.
2. She _____ (listen) to music yesterday afternoon.
3. The children _____ (sleep) while the teacher was talking.
4. I _____ (see) my best friend at the park last Saturday.
5. My dog _____ (run) in the garden when it started raining.
6. He _____ (finish) his project last night.
7. We _____ (walk) home when we saw the rainbow.
8. She _____ (study) at 8 o'clock yesterday evening.
9. They _____ (play) basketball after school yesterday.
10. The students _____ (work) quietly when the headteacher entered the classroom.

