



Present simple/continuous

PRESENT SIMPLE
We use it for: • Habits and routines • General truths • Facts and timetables How can I form it: • I/You/We/They + base verb • He/She/It + verb + s/es

PRESENT CONTINUOUS
We use it for: • Actions happening now • Temporary situations • Actions around this moment How can I form it: • Subject + am/is/are+ verb-ing

TIME EXPRESSIONS
• Present simple: always, usually, often, every day, on Monday • Present continuous: now, right now, at the moment, today this week

EXERCISE 1 – Complete with the PRESENT SIMPLE

1. Tony _____ (play) basketball every Friday.
2. My sister _____ (like) pizza.
3. Water _____ (boil) at 100°C.
4. We _____ (go) to school by bus.
5. The movie _____ (start) at 7 p.m.
6. He _____ (study) English every day

EXERCISE 2 – Complete with the PRESENT CONTINUOUS

1. I _____ (listen) to music now.
2. They _____ (play) a video game.
3. She _____ (read) a book.
4. We _____ (have) lunch.
5. It _____ (rain) outside.
6. My dad _____ (cook) dinner.

EXERCISE 3- Read the situations and choose the correct tense: Present Simple or Present Continuous.

1. Tom usually _____ (eat) a sandwich for lunch.
2. She _____ (listen) to music at the moment.
3. The bus _____ (arrive) at 8:30 every day.
4. I _____ (finish) my homework right now.
5. My dog _____ (love) playing in the park.
6. He _____ (text) his friend at the moment.
7. We _____ (go) to the gym three times a week.
8. She _____ (study) for the test this week.
9. They _____ (watch) a superhero movie now.
10. The Earth _____ (move) around the Sun.

