UP English Center

Name: _____

Class: _____

1. What's the best time for the children to watch TV? Read and choose. Write the letters in the blanks, then draw lines.

A

10.30 Battle of the Best
The Street Dance Competition is in New York, USA. Dancers from many countries are there. They all want to win. Who is your favourite dancer?

B

12.00 World Athletics Championship
There are lots of competitions at this time: you can watch the semi-finals of the running races, or the finals of the long jump and high jump.

C

13.00 Russian Adventure
Mr and Mrs Quick wanted to have a summer holiday in Australia. But they got on the wrong plane and arrived in Russia in winter!

D

15.30 Helpful Tips
In this programme, you can learn how to catch a baseball better. You will practise catching balls from far away. These skills can help your team win games.

I love laughing. C



I love sports with a ball. _____



I love dancing. _____



I love jumping. _____



Watch TV at midday.

Watch TV at half past three.

Watch TV at one o'clock.

Watch TV at half past ten.

LIVEWORKSHEETS

2. Complete the paragraph by choose and write the correct words.

My Daily Routine

Some of my friends think I have a boring daily routine, (1)_____ I like it. I usually get up at about 6:00 or 6:30 (2)_____ the morning after my alarm clock (3)_____ me up.

First, I brush my teeth, shave, and wash my face. Then, I get dressed and go downstairs to have breakfast with my family. I always have coffee, cereal, and (4)_____ piece of fruit. I live with (5)_____ wife, Renata. I take a bus to work because I (6)_____ like driving, and I always arrive at my office before 8:00. I'm never late for work.

Five o'clock (7)_____ my favourite time of the day because I finish work, go home, and see my wife and children again. I have two boys, Thomas, who is six years old, and Patrick, who is eight. We (8)_____ dinner together in our dining room at around 6:00, and after that I hang out with my wife and kids (9)_____ home.

We like to watch travel shows on TV together. In addition, two (10)_____ three times a week, I exercise in the evening so I can stay strong and healthy. I think this is very important! (11)_____, at about 9:30, I go to bed, read for a while, and then fall asleep.

Sure, some people think my daily routine is a little boring, but on weekends and holidays, I (12)_____ to fly airplanes for fun! It's my favourite hobby.

1	so	but	and	because
2	in	at	to	on
3	is waking	waking	wake	wakes
4	A	an	the	some
5	my	mine	me	I

LIVEWORKSHEETS

6	not	doesn't	don't	isn't
7	does	have	are	is
8	have	having	had	has
9	at	in	by	on
10	and	or	so	but
11	However	Finally	Because	First
12	learn to	Learning	learn	learnt

3. Write about your daily routine (about 100 words).

Include:

- What time you usually wake up and what you do first
- What you eat for breakfast and when you go to school
- What you do at school and your favourite subject
- Any after-school activities or hobbies
- What you do in the evening and before bed
- Your favourite part of the day and why

LIVEWORKSHEETS



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