PREPARE FOR MET LISTENING

Listening is usually the first skill we learn in our native language. Babies listen to people around them and later try to copy the sounds they hear. In the same way, when we listen to people speaking English, we can start to copy the sounds and speech patterns.

It's important to practice your listening skills as much as you can. Good listening skills can improve your other English skills and help you achieve better results on MET.

The MET Listening Section has questions about three main listening skills: understanding the main idea, understanding details, and understanding the implicit meaning of what you hear by making inferences.

In this chapter, we will look at MET Listening and share some simple and useful ways to practice your listening skills.

MET Listening: Quick Reference Guide

- 35 minutes
- 3 parts
- Short and long conversations and short talks
- Multiple-choice questions

MET Listening Section Part 1

In MET Listening Part 1, you will hear short conversations between two people. After each conversation, you will hear and see one question about what you heard.

- Read the answer options carefully and choose the best answer.

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- You will only hear each conversation once, so it is important to listen carefully.
- You will be asked one multiple-choice question about each conversation.

MET Listening Section Part 2

In MET Listening Section Part 2, you will hear longer conversations. These conversations will be longer than in Part 1, but will also be between two people.

- You will be asked three or four multiple-choice questions about each conversation.
- The questions appear on the screen and are not read aloud.
- You will only hear each conversation once, so it is important to listen carefully.
- Looking at the questions while you listen to the passage will help guide your listening.
- Some questions will ask you to listen to a part of the passage again and answer a question about it. You will only be able to replay that part of the conversation once.

MET Listening Section Part 3

In MET Listening Part 3, you will hear some short talks, like an academic speech or a radio broadcast. There will only be one person speaking.

- After each talk, you will answer three to five multiple-choice questions about what you heard.
- The questions appear on the screen and are not read aloud.
- Looking at the questions while you listen to the passage will help guide your listening.
- Some questions will ask you to listen to a part of the passage again and answer a question about it. You will only be able to replay that part of the conversation once.

Watch the next video to learn more about this section

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