

VOLEYBALL Playing

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➤ Listen to the sentences and decide which one is best for every image.

(Escolta les frases i decideix quina és la millor per a cada imatge).

- 1. She is going to hit the ball.
- 2. They are blocking the ball.
- 3. She is receiving the ball.
- 4. All the team is defending the hit.
- 5. He is serving.



➤ Watch the video and discover different ways to practise volleyball techniques at home.

(Mira el vídeo y descubreix diferents formes de practicar les tècniques de voleibol a casa)



<https://www.youtube.com/watch?v=Foj6A4WWgCg>

➤ Choose some of these techniques and practise. When you feel confident, record a short video and send it to the Flipgrid task.

(Tria alguna d'aquestes tècniques i practica. Quan estiguis amb confiança grava un vídeo curt i puja'l al Flipgrid).

