ENGLISH WORKSHEET

Topic: Emotions and Feelings — 1st Grade of Secondary School

Student's Name: _____ **Grade:** 1st Sec. **Date:** _____

Activity 1: Fill in the Blanks

Directions: Read the sentences and complete them using the correct word from the interactive word bank below (Write the word in the space).

¤ WORD BANK ¤

angry | sad | excited | scared | tired

1. Today is my birthday! I am very _____ to open my presents.
2. She is _____ because she lost her favorite book. She wants to cry.
3. My little brother is _____ of the dark. He always sleeps with the light on.
4. I studied all night for the English exam. Now, I am so _____ and I need to sleep.
5. He is _____ because his friend broke his favorite video game.

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Activity 2: Match the Columns

Directions: Draw a line to connect each situation in Box A with the corresponding emotion or feeling in Box B.

BOX A: SITUATIONS	BOX B: FEELINGS
1. You get a 20/20 score on your final project.	A. Surprised
2. You see a giant, flying cockroach in your room.	B. Proud
3. Your family prepares an unexpected birthday party for you.	C. Nervous
4. You have to speak in public in front of the whole school.	D. Terrified

Activity 3: Short Answer (Free Response)

Directions: Answer the following questions in English using your own words. Write complete sentences.

1. How do you feel when it rains all day and you cannot go out to play with your friends?

2. What makes you feel really happy? Mention at least one specific thing or activity.

3. When you feel stressed, worried, or angry, what do you do to feel better?

LIVEWORKSHEETS