**Grade Five**

**Name:** _____

**Date:** _____

**Health Science & H.F.L.E**

**Instructions: This test consists of 30 test items. You have 1 hour to answer them. Read each item carefully then select or write your answer on the lines provided.**

LIVEWORKSHEETS

**A. Directions: Circle the letter of the correct answer**

1. The_____ system has the function to break down food into nutrients and absorb the nutrients into blood.

(A) The circulatory

(B) The respiratory

(C)The digestive

2. The digestive process starts in the_____.

(A) Stomach

(B) Esophagus

(C) Mouth

3. When food reaches the stomach, the mashed-up food particles mix with:

(A) Gastric juices

B) Mucus

C) Bile

LIVEWORKSHEETS

4. Bile, produced in the liver, breaks down _____.

(A)Protein

(B) Fat

(C) Sugar

5. In what organ of the digestive system do nutrients enter blood?

(A) Stomach

(B) Small intestine

(C) Large intestine

6. In this organ of the digestive system, water and minerals enter blood and wastes are removed from blood.

(A) Stomach

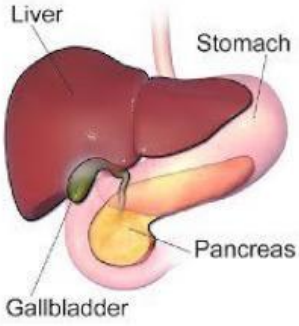
(B) Small intestine

(C) Large intestine

LIVEWORKSHEETS

Use the picture below to answer the questions that follow.

7. Bile is made by _____

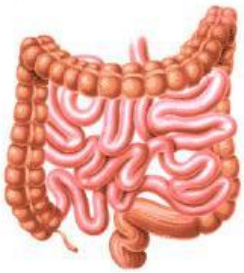



(A) Gallbladder

(B) Rectum

(C) Liver

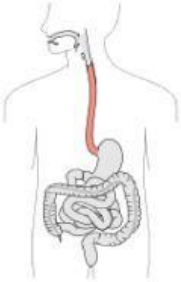
8. Nutrients from digested food are absorbed in which digestive organ?



(A) Small Intestine

(B) Stomach

(C) Large Intestine



9. Which organ pushes food down to the stomach?

(A) Mouth

(B) Esophagus

(C) Large intestine

LIVEWORKSHEETS

10. Which is **NOT** a function of the Digestive System?

(A)To rid the body of solid waste

(B) Break down nutrients from food

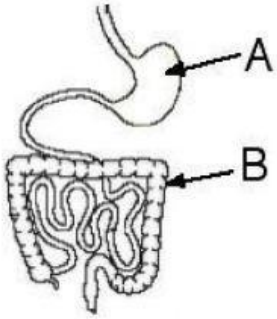
(C) Pump blood around the body

11. Which of the following practices can improve someone's digestive health?

(A) smoking

(B) drinking alcohol

(C) eating fruits and vegetables




12. Name the parts labelled A and B in the diagram of the digestive system shown.

(A) A = stomach and B = small intestine

(B) A = stomach and B = large intestine

(C) A = pancreas and B = large intestine

LIVEWORKSHEETS

13. This disease affects the lining of the stomach and the intestines.

(A) Liver Cancer

(B) Irritable Bowel Syndrome

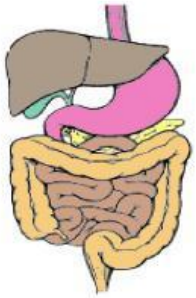
(C ) Gastroenteritis

14. Kyra has just been diagnosed with liver cancer. She has lost a lot of weight and feels very weak. This disease has affected Kyra_____.

(A) financially

(B) emotionally

(C ) physically



15. Which of the following is the **correct order** for the passing of food through the digestive system shown?

A. mouth, oesophagus, stomach, large intestine.

B. oesophagus, small intestine, stomach, anus.

C. mouth, stomach, large intestine, small intestine.

LIVEWORKSHEETS

16. What happens to food when it reaches the stomach?

(A) No digestion occurs in the stomach.

(B) The food moves quickly into the small intestine.

(C) The stomach muscles mix the food and liquid with digestive juices.

17. All of the following are common disorders of the Digestive System **EXCEPT** _____

(A) Influenza

(B) Constipation

(C) Diarrhea

18. What is Self-Concept?

(A) Is a relatively stable set of perceptions you hold of yourself

(B) Reliance on one's own capabilities, judgment, or resources

(C) Is the awareness of the self as separate from the thoughts that are occurring at any point in time.

LIVEWORKSHEETS

19. Which of the following is one of the things you have to do in order to break the cycle of a **negative self-concept?**

(A) Try to change others to fit your personality.

(B) Changing your verbal and nonverbal behavior

(C) Defend yourself when other people criticize you.

20. All of the following are positive personal characteristics **EXCEPT:**

(A) loyal

(B) aggressive

(C ) patient

21. Which of the following is a negative personal characteristic?

(A) jealous

(B) motivated

(C ) supportive

LIVEWORKSHEETS

22. Which of these qualities would strengthen the relationship among the family members?

(A) care

(B) greed

(C)hatred

23. Which one of these factors will **not** cause changes in the family structure?

(A) Family member ages

(B) An absent parent

(C) a healthy family member

24. To motivate the younger members to excel, families should _____ them.

(A) encourage

(B) tease

(C) discourage

LIVEWORKSHEETS

25. The bond between family members deepen by_____

(A) conversations

(B) criticisms

(C ) complaints

26. Positive interactions between family members develop all of the following **EXCEPT**:

(A) love

(B) jealousy

(C ) understanding

27. Which one of the following is a quality of a healthy relationship?

(A) hatred

(B) affection

(C ) dishonesty

LIVEWORKSHEETS

28. _____ is when individuals are viewed as valuable and important to one another.

(A) Comunication

(B) Respect

(C) Dishonesty

29. Write **True** or **False** next to the appropriate statements.

| | |
|---|---|
| | Self Concept is the way you look. |
| | Your family can influence your self concept |
| | A self concept changes very quickly |
| | A positive self concept encourages you to attempt new projects |
| | Stealing from someone shows that you have a positive self concept |
| | When you have bad thoughts about yourself, you have a negative self concept. |

LIVEWORKSHEETS

30. Say whether the following persons have a **positive** or **negative** self concept.

1. Suzie always does what her friends tell her._____

2. Charles believes that he is the best candidate for prefect._____

3. Mary makes friends easily._____

4. Jimmy goes around cursing._____

5, Jenny tries to pick fights with anyone who is unpopular._____

LIVEWORKSHEETS