



EXAM 6

(Listening, Reading & Writing)

Name: Class: TIME: 50 minutes
SCORE: / 35 points

I. Complete each sentence with a word from the list. (5 points)

landfill nutritious reject rot throw away

1. Ugly-looking fruit is often left to _____ in the fields.
2. Wasted food will most often end up in a _____.
3. Tristram Stuart thinks we _____ too much edible food just because it doesn't look good.
4. Consumers don't always _____ ugly fruits and vegetables.
5. The appearance of these apples doesn't matter. They are still _____.

II. Match the sentence parts. (5 points)

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| 6. If your supermarket has leftover produce, | a. eat your dinner later. |
| 7. If you're not hungry right now, | b. you will waste less. |
| 8. If you eat fresh food, | c. it gives it to local food banks. |
| 9. If you decrease the amount of food you buy, | d. you will be healthier. |
| 10. If the food looks ugly, | e. the supermarkets don't want it. |

III. Read carefully and write T (True) or F (False). (3 points)

Insects anyone?

There's a popular saying: We eat with our eyes. This may be why so few people choose to eat insects—they think insects are ugly creatures. Yet, there are many good reasons to eat insects. They are more nutritious than other meats, and they don't have diseases that people can get from animals.

If we increase the number of insects and decrease the amount of meat we eat, we will be healthier. We need much less space and less food to farm insects than to raise cows or sheep. Also, there are over 1,000 edible insects all around the world, and you can cook them any way you want: boil, steam, fry, grill, or bake.

Finally, the most shocking of all is that you are already eating them. Insects are in many foods you buy from the supermarket. For example, a bar of chocolate may have 60 insect parts per 100 grams in it. And, if you already eat them, why not have more? Many people even say they are tasty.

11. People don't eat insects because they're not nutritious. _____
12. There are many ways you can prepare an insect for a meal. _____
13. People don't realize that they're already eating insects. _____

IV. Listen. Write T (True) or F (False). (3 points) **File 11**

14. Americans waste nearly half of the food they buy. _____
15. Buying pre-packaged food reduces waste. _____
16. Taking smaller portions helps reduce food waste. _____

V. Listen and complete the table below. Write NO MORE THAN THREE WORDS AND/OR A NUMBER for each answer. (6 points) File 12

DAY	TIME	EVENT	VENUE	TICKET PRICE
Monday and Tuesday	7.30 p.m.	'The Magic Flute' (opera by Mozart)	(17)	From £8.00
Wednesday	8.00 p.m.	(18) '.....' (Canadian film)	Cinema 2	(19) £
Saturday and Sunday	11 a.m. to 10 p.m.	(20) '.....' (art exhibition)	Gallery 1	free

VI. Listen. Choose the correct answer. (5 points) **File 13**

21. Why not! I _____ it with you.
A. 'll try B. am trying
22. Yes, I think that people _____ them.
A. are buying B. are going to buy

23. No! I _____ it to the food bank tomorrow.

A. am taking B. going to take

Yes, I _____ to a food fair in the city.

A. will go B. am going

25. Um... I think I _____ less food from now on.

A. am buying B. will buy

VII. Read and check the correct box. (5 points)

	Facts	Opinions
26. Insect farming generally requires less land, water, and feed compared to traditional livestock farming. It is considered a more sustainable protein source.	☐	☐
27. Insects are rich in protein, vitamins, and minerals. They provide a sustainable and nutrient-dense food source.	☐	☐
28. Many cultures around the world have a history of consuming insects. Insects are part of traditional diets in regions of Africa, Asia, and Latin America.	☐	☐
29. Public opinion on eating insects varies. While some embrace it as a sustainable and nutritious option, others find the idea culturally unfamiliar or unappealing. Cultural attitudes play a significant role in shaping opinions about insect consumption.	☐	☐
30. Some chefs and food enthusiasts think incorporating insects into cuisine as a form of culinary innovation, creating unique and exotic dishes.	☐	☐

VIII. People often refuse to buy or eat ugly food. Suggest some ways to encourage people to eat food that doesn't look nice. Write at least three suggestions. (5 points)

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