

The human body is like a wonderful machine. Every part has a special job to do. Let's look at the different parts of our body.

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On our head, we have our \_\_\_\_\_. When we're young, it's **black**, but when we get older, it's **gray**. Some people have none at all.

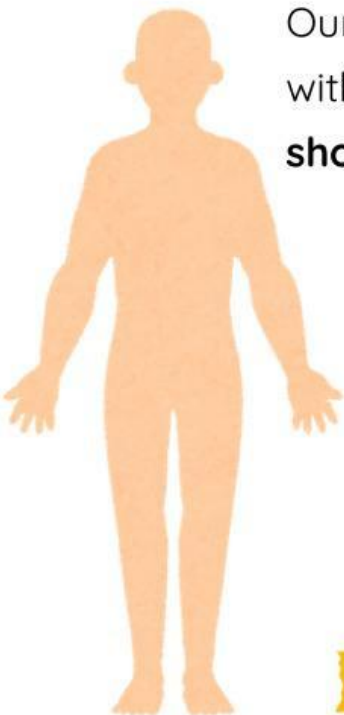
On the sides of our head, we have two \_\_\_\_\_. We use them to **hear** the sounds around us, and **listen** to what people say.

On our face, we have two \_\_\_\_\_, to **see** the world around us. They help us **look** at things.

We use our \_\_\_\_\_ to **smell** things, like flowers or delicious food. It also helps us **breathe** air.

Below the nose is the \_\_\_\_\_. Inside our mouth, we have **teeth** and a **tongue**. We use our mouth to **eat** food, **drink** water, and **talk** to our friends.

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Our **head** is attached to our **body** at the \_\_\_\_\_, along with our **arms** and our **legs**. Our arms are attached at the **shoulders**, and our legs are attached at the **hips**.

We have two \_\_\_\_\_ with two **hands** at the end. Each hand has five \_\_\_\_\_. We use them to **hold** and **touch** things around us.



Our arms can \_\_\_\_\_ at the **elbows**.

We have two \_\_\_\_\_ with two \_\_\_\_\_ at the end. They are strong, and they help us walk, run, jump, and play sports. Our legs can **bend** at the \_\_\_\_\_.

|             |              |                |             |
|-------------|--------------|----------------|-------------|
| <b>neck</b> | <b>eyes</b>  | <b>arms</b>    | <b>knee</b> |
| <b>feet</b> | <b>mouth</b> | <b>fingers</b> | <b>bend</b> |
| <b>nose</b> | <b>ears</b>  | <b>legs</b>    | <b>hair</b> |

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Some of the most important parts of our body are **organs**, which live inside us where we cannot see them.



**Inside our head**, the \_\_\_\_\_ is the boss of the entire body. It is the most important part because it helps us think, learn, and feel.

In our **chest**, the \_\_\_\_\_ sits on the left side, beating all day and night to pump \_\_\_\_\_ around our whole body.



Also in our **chest** are two **lungs**. When we \_\_\_\_\_ in, our lungs fill with air and help our body get oxygen.



After we use our mouth to **chew**, we \_\_\_\_\_ our food and it goes down into our stomach. The stomach breaks down this food and turns it into energy.



**blood**

**brain**

**swallow**

**breathe**

**heart**

Isn't our body wonderful? If you want to keep your body **healthy**, you should take care of yourself. Eat healthy food, exercise, drink enough water, and remember to get enough sleep every day!