

READING

- 11 Lee la información sobre las exposiciones y completa las frases de abajo con las palabras que se dan.

THE SECRET LIFE OF YOUR BRAIN



Exhibit A:

A Your Second Brain

Did you know you've got a second brain? It's in your intestines. Your second brain can't think, but it may affect your emotions. That's because it communicates with the bacteria in your
⁵ Intestines. These bacteria produce hormones like the 'happy hormone', serotonin. When your intestinal bacteria are healthy, you feel good. When they aren't healthy, they might make you feel sad. So what should you do to keep your
¹⁰ intestinal bacteria healthy? Experts say you should eat food with good bacteria in it, like yoghurt.

Exhibit B:

B Mirror Neurons

You were walking down the street with your friend and suddenly, your friend fell and hurt
¹⁵ his ankle. But surprisingly, you were able to 'feel' your friend's pain in your ankle. The reason is you've got mirror neurons in your brain. These mirror neurons help us understand other people's emotions.

Exhibit C:

C One Thing at a Time

²⁰ Etiquette books say people should look at each other during a conversation. But you can't keep eye contact for a long time. Soon, one of you must look away or stop the conversation. Why is this? It's because the actions of talking and looking
²⁵ at someone use the same part of the brain. Your brain becomes tired of trying to do two things at once and you have to choose one activity.

look | pain | intestines | ~~think~~ | same

- 1 Your second brain can't think.
- 2 Your second brain communicates with the bacteria in your
- 3 Mirror neurons 'feel' other people's
- 4 People should at each other during a conversation.
- 5 Talking and looking at someone use the part of the brain.

- 12 ¿En qué exposiciones se tratan estos temas?

- | | |
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| 1 Healthy bacteria in your intestines help you feel good. | Exhibit A |
| 2 Your brain gets tired of doing two things at the same time. | Exhibit |
| 3 You are able to understand other people's emotions. | Exhibit |
| 4 You can only keep eye contact for a short time. | Exhibit |
| 5 You should eat food with good bacteria in it. | Exhibit |