

## UNIT 6 Short Test A

### Lesson 1

Imię i nazwisko: \_\_\_\_\_ Klasa: \_\_\_\_\_

#### 1 Zkreśl wyrazy, które poprawnie uzupełniają poniższe zdania.

- 1 My brother regularly goes to the gym in order to **make / take / keep** fit.
- 2 Sue fell while she was rollerblading yesterday and she got **injury / hurt / pain** as a result.
- 3 Kate, are you going to **take / make / get** part in the swimming competition?
- 4 Our coach always reminds us to warm **off / out / up** before playing tennis.
- 5 I try to **make / do / practise** some exercise before breakfast every day, but sometimes I'm simply too sleepy.

\_\_\_ / 5

#### 2 Uzupełnij zdania odpowiednimi wyrazami. Niektóre litery wyrazów zostały podane.

- 1 It is very important to s \_\_\_ e t \_\_\_ after going jogging so that your muscles and joints stay flexible.
- 2 You should always wear a cycling helmet when you're riding a bike to p \_\_\_ v \_\_\_ n \_\_\_ head injury.
- 3 I attend swimming classes in order to \_\_\_ ct \_\_\_ e my swimming technique.
- 4 It's a good idea to eat healthy \_\_\_ n \_\_\_ c \_\_\_ to have enough energy to do sports.
- 5 I want to be in the school football team, so I'm going to t \_\_\_ i \_\_\_ very hard this season.

\_\_\_ / 5

Total: \_\_\_ / 10

## UNIT 6 Short Test B

### Lesson 1

Imię i nazwisko: \_\_\_\_\_ Klasa: \_\_\_\_\_

#### 1 Zkreśl wyrazy, które poprawnie uzupełniają poniższe zdania.

- 1 Whenever I'm playing volleyball, I wear knee pads to prevent **hurt / injury / health**.
- 2 Roger is planning to **get / make / take** part in an athletics competition next season.
- 3 You should sleep better if you **make / practice / do** some exercise outdoors every day.
- 4 My mum goes to an aerobics class every week in order to **make / keep / go fit**.
- 5 Don't forget to warm **up / out / off** before the game!

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#### 2 Uzupełnij zdania odpowiednimi wyrazami. Niektóre litery wyrazów zostały podane.

- 1 Diet is important, so I often eat healthy s \_\_\_ c \_\_\_ s before a match.
- 2 My skiing instructor is helping me to practise my skiing t \_\_\_ n \_\_\_ q \_\_\_.
- 3 Our team is going to \_\_\_ r \_\_\_ n very hard this season because we want to win the league.
- 4 I got \_\_\_ r \_\_\_ in a cycling accident last week - I broke my right arm.
- 5 My brother does karate and he goes to sports p \_\_\_ c \_\_\_ twice a week.

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Total: \_\_\_ / 10