UNIT 1 PRESENT SIMPLE AND CONTINUOUS

Present simple

- The present simple has two forms.

I, You, We, They	**get, study, watch, go**	
He, She, It	+ **-s**	**gets**
	or + **-es**	**watches, goes**
	or ~~-y~~ + **-ies**	**studies**

- We use ***do/does not*** + infinitive to make negatives.

I, You, We, They	**don't get, study, watch, go**
He, She, It	**doesn't get, study, watch, go**

- We use ***do/does*** + infinitive to make questions.

Do	I, you, we, they	**get, study, watch, go?**
Does	he, she, it	**get, study, watch, go?**

We use the present simple for:

- things that happen regularly.
  *I **walk** to school with a friend every day.*
  *My sister **doesn't go** to the sports club very often.*
  *What **do** you **do** on Sundays?*
- facts.
  *We **live** near my grandparents.*
  *The weather **doesn't get** very cold here.*
- verbs called **state verbs** (we don't normally use these verbs in a continuous form) which describe what we think or feel.
  believe, hate, know, like, love, mean, need, own, prefer, understand, want
  *Mike **knows** the answer to your question.*
  *Alice **doesn't understand** what you want.*
  *I **don't remember** your address.*
  *What **does** this word **mean**?*
  *Does your teacher **own** a sports car?*

Practice

1 **Complete the sentences. Use the present simple form of the verbs.**

1 _____ (you / prefer) volleyball or basketball?
2 Angelo never _____ (choose) sandwiches for lunch because he _____ (not like) bread.
3 We _____ (not see) our cousins very often because they _____ (live) in America.
4 Where _____ (he / go) after school?
5 We _____ (not want) to go home.
6 Sara _____ (not play) football but she _____ watch) it on TV.
7 _____ (he / know) the time?
8 Emma _____ (study) French.

Present continuous

- We use ***am, are, is*** + ***-ing*** to make the present continuous.

I	**am ('m)**	**playing.**
You, We, They	**are ('re)**	**working.**
He, She, It	**is ('s)**	**helping.**

- We use ***'m not, aren't, isn't*** to make negatives.

I	**'m not**	**working.**
They	**aren't**	**helping.**
She	**isn't**	**playing.**

- We use ***am, are, is*** to make questions.

Am	I	**helping?**
Are	you	**working?**
Is	he	**playing?**

We use the present continuous for:

- something that is happening now or around now.
  *We're **doing** our homework.* (= We're in the middle of it now.)
- temporary situations.
  *I'm **helping** my dad in his office this week.* (= I don't help him every week.)
- future plans.
  *They're **playing** table tennis after school.* (= They plan to play table tennis.)

Practice

2 **Complete the sentences. Use the present continuous form of the verbs.**

1 I _____ (cycle) to the beach with some friends next weekend.
2 My brother _____ (not watch) sport on TV this week because of his exams.
3 **A:** What _____ (you do) at the moment?
B: We _____ (watch) a nature film because we _____ (study) insects at school now.

3 **Choose the correct form of the verbs.**

[1] *I sit / I'm sitting* on the bus with my friends.
[2] *We go / We're going* to the match in London. Our team [3] *plays / is playing* in the final this afternoon, so we're very excited. Our team [4] *doesn't play / isn't playing* in the final very often, but this season [5] *they play / they're playing* really well.
[6] *I believe / I'm believing* they can win. After the match [7] *we have / we're having* dinner in London. [8] *I want / I'm wanting* to go to a restaurant near the stadium but [9] *they get / they're getting* very busy on match days, so [10] *we eat / we're eating* at a place in another part of the city.

LIVEWORKSHEETS

GRAMMAR Present simple and continuous

1 **Match the examples to the rules.**

1 Right now, I'm taking part in a competition for young game designers.
2 In a few months, I'm going on a kayaking trip with my cousin.
3 My friends and family say I'm a cheerful person.
4 This term, I'm having tennis lessons.
5 I live with my parents.

We use the present simple to talk about:
a facts.
b something that happens regularly.

We use the present continuous for:
c something that is happening right now or around now.
d temporary situations.
e future plans.

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2 **Complete the sentences with the present simple or continuous form of the verbs in brackets.**

1 I _____ (get) home at five o'clock every day.
2 Mum _____ (work) late this week.
3 Look at Dan. He _____ (not concentrate).
4 ___ you _____ (do) anything interesting next weekend?
5 She _____ (play) the guitar and the piano.
6 He always _____ (go) swimming on Saturdays

3 **Look at Exercises 1 and 2. Are these time words and phrases used with the present simple (PS) or present continuous (PC)?**

at the moment / right now *PC*
never, sometimes, always
every day/week/year
this month/term/week
later, tomorrow, tonight
on Saturdays, at weekends
next week/weekend/month

4 **Write six sentences about you. Use the time words and phrases in Exercise 3.**

Right now, I'm having an English lesson.

_____

_____

_____

_____

_____

_____

5 **Read the information about the verbs. Check the meaning of the verbs you don't know.**

We don't use some verbs in continuous forms. These verbs are called **stative verbs** and include: *believe, hate, know, like, love, mean, need, own, prefer, understand, want.*
I don't understand this question.
NOT ~~*I'm not understanding this question.*~~

6 **Complete the sentences with the positive or negative form of the verbs in Exercise 5. Sometimes more than one answer is possible.**

0 My uncle *owns* three cars.
1 Ruby's very friendly. We really _____ her.
2 I _____ how old he is. He looks about 14.
3 What _____ this word _____?
4 I'm feeling miserable today. I _____ cold weather.
5 You're speaking too quickly and I _____ you.

7 **Choose the correct form of the verbs.**

1 We *have* / *'re having* problems with the computers at the moment.
2 I *need* / *'m needing* some new shoes.
3 I *write* / *'m writing* to you about a trip we are planning in November.
4 Tonight she *goes* / *'s going* to the cinema with some friends.
5 This term I *have* / *'m having* some extra maths lessons.
6 I *never forget* / *'m never forgetting* my homework.

LIVEWORKSHEETS