UPSA
REVISION 4

YEAR 2

LIVEWORKSHEETS

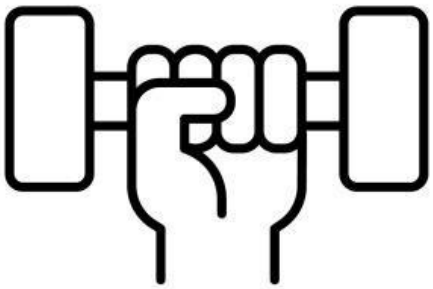
Tick (✓) for the correct answer for healthy activities.

1. 

- ◯ sleep early
- ◯ sleep late

2. 

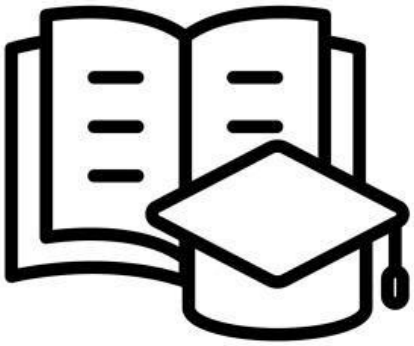
- ◯ have fun
- ◯ always sad

3. 

- ◯ watch TV all day
- ◯ keep fit by exercise

4. 

- ◯ eat sweets
- ◯ eat healthy food

5. 

- ◯ learn new things
- ◯ eating too much

LIVEWORKSHEETS

Tick (✓) for the correct answer for unhealthy activities.

1. 

- ◯ eating too much
- ◯ eat healthy food

2. 

- ◯ eat sweets
- ◯ eat fruits and vegetables

3. 

- ◯ exercise
- ◯ watch TV all day

4. 

- ◯ sleep late
- ◯ sleep early

5. 

- ◯ always feel sad
- ◯ have fun

LIVEWORKSHEETS