

# LISTENING

## Extreme Living

### Exercise 1

Watch the video and choose the correct answer.



1. Why does Daiaana use bear fat before going outside?
  - A. To make her skin softer
  - B. To protect herself from frostbite
  - C. To keep her clothes waterproof
  - D. To help her breathe better
2. Why do many people in Yakutsk keep their car engines running during winter?
  - A. Gasoline becomes cheaper in winter
  - B. Cars can freeze very quickly
  - C. Roads are often blocked by snow
  - D. Heating systems usually fail

- 3.** Why are there bus stops every 200 meters in Yakutsk?
- A. To make her skin softer
  - B. To protect herself from frostbite
  - C. To keep her clothes waterproof
  - D. To help her breathe better
- 4.** What can happen if someone takes their hands out of their pockets for several minutes?
- A. Their hands may become wet
  - B. Their gloves may freeze
  - C. They may suffer severe frostbite
  - D. Their fingers may stop moving permanently
- 5.** According to the video, why are grocery prices higher in Yakutsk?
- A. Most food is imported from Europe
  - B. There are very few supermarkets
  - C. Transportation in the region is difficult
  - D. Residents earn higher salaries than average
- 6.** What is surprising about Yakutsk's Chinatown?
- A. It is the largest Chinatown in Russia
  - B. Chinese residents have adapted well to the extreme cold
  - C. It only sells winter clothing
  - D. It was built recently for tourists
- 7.** Why do some Chinese workers take turns in 30-minute shifts outdoors?
- A. To avoid becoming too tired from physical work
  - B. To allow more workers to earn money
  - C. To reduce the danger caused by the freezing temperatures
  - D. To save electricity and heating costs
- 8.** What is the main idea of the video?
- A. People in Yakutsk want to leave the city permanently
  - B. Living in Yakutsk is impossible without modern technology
  - C. Residents have learned to adapt and enjoy life despite extreme weather
  - D. Winter in Yakutsk is becoming easier every year