Grammar · 7th Grade

Present Simple vs Present Continuous

English Language Worksheet · 4 exercises · ~25 minutes

Date: _____ Name: _____

Class: _____

Grammar Reference

Present Simple

- Habits & routines
- General truths / facts
- Permanent situations
- With: always, usually, often, never, every day

`Subject + V(s/es) / do/does + not + V`

Present Continuous

- Actions happening right now
- Temporary situations
- Future arrangements
- With: now, at the moment, today, currently

`Subject + am/is/are + V-ing`

1 Choose the correct tense

✏ **Circle the correct form. Use the signal words to help you!**

Present Simple | Present Continuous

1. She **(reads / is reading)** a book right now. She loves mystery stories.

2. Every morning, Tom **(walks / is walking)** his dog before school.

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3. Look! The children **(play / are playing)** football in the yard.

4. Water **(boils / is boiling)** at 100 degrees Celsius.

5. I can't talk — I **(study / am studying)** for my exam at the moment!

6. Our teacher usually **(gives / is giving)** us homework on Fridays.

2 Fill in the blanks

✏ Put the verb in brackets in the correct tense form.

1. My sister _____ (listen) to music right now.

2. Dad always _____ (make) pancakes on Sundays.

3. We _____ (not / go) to school today — it's a holiday!

4. The cat _____ (sleep) on the sofa at the moment.

5. Birds _____ (fly) south every winter.

6. Why _____ you _____ (cry)? What happened?

3 Match the sentences to the rules

✏ Draw a line or write the correct letter (a–d) next to each sentence.

Sentences	Rules
1 She is talking on the phone.	a Habit / routine
2 Dogs don't eat vegetables.	b General truth / fact
3 They are visiting Paris this week.	c Action happening NOW
	d Temporary situation

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4 I always drink coffee in the morning.

Answers: 1 — ____ 2 — ____ 3 — ____ 4 — ____

4 Find and correct the mistake

⚠ **Each sentence has ONE mistake. Rewrite the correct sentence on the line.**

1.
~~He is going to the gym every Monday.~~
✓ Correct: _____

2.
~~They reads books in the library now.~~
✓ Correct: _____

3.
~~I am not believing what you say.~~
✓ Correct: _____

4.
~~She working hard at the moment.~~
✓ Correct: _____

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