Exercise 13

Read the following text for questions 1-6.

LIVING WITHOUT TECHNOLOGY

In the modern world, technology plays a major role in our daily lives. From the moment we wake up to when we go to sleep, we are surrounded by machines, screens, and digital tools. People use smartphones to stay connected, check emails, watch videos, and read the news. Many rely on cars, buses, or airplanes to travel. Most homes have electricity, running water, internet access, and appliances that make life more comfortable and convenient. However, not everyone lives this way. Some people and communities choose to live without modern technology for personal, religious, or cultural reasons.

One example is the Amish in the United States. The Amish live mainly in rural areas and follow a simple, traditional lifestyle. They avoid using electricity, televisions, smartphones, and computers. Instead of cars, they use horse-drawn buggies. They use oil lamps or candles for lighting. The Amish grow their own food, raise animals, and make their own clothes. They value hard work, family, religion, and community. Living without modern technology helps them focus on spiritual beliefs and strengthen family ties.

Another group is the Hadza people of Tanzania in East Africa. The Hadza are one of the last hunter-gatherer tribes in the world. They do not build permanent homes, use electricity, or own machines. They live in small groups and move often in search of food and water. The Hadza hunt animals with bows and arrows and gather fruits, nuts, tubers, and honey from the wild. Their lifestyle has stayed mostly the same for thousands of years. Sharing and cooperation are key to their survival, and everyone contributes to the group. Interestingly, some people in modern cities now try to reduce their use of digital devices. These people are known as digital minimalists. They believe that too much screen time and internet use can lead to stress and relationship problems. Digital minimalists limit social media, turn off notifications, and spend more time outdoors or reading books. Some take part in "digital detoxes," where they stop using phones or computers for several days.

Living without technology is not easy. It means more physical work and fewer conveniences. But those who choose this life often say it brings peace,

LIVEWORKSHEETS

stronger relationships, and a closer connection to nature. They find joy in simple things and enjoy life without constant digital distractions.

For questions 1-4, fill in the missing information in the numbered spaces. Write no more than ONE WORD and/ or A NUMBER for each question.

The Amish use **(1)** _____ instead of cars to travel.

The Hadza people hunt animals using **(2)** _____ and arrows.

Digital minimalists want to reduce their **(3)** _____ time.

Living without technology usually involves more **(4)** _____ work.

For questions 5-6, choose the correct answers A, B, C, or D.

5. Why do digital minimalists avoid using technology too much?

A) They don't have internet access.
B) They want to live in the countryside.
C) They believe it causes stress and weakens relationships.
D) They want to join the Amish.

6. What is a main idea of the passage?

A) All people should live like the Hadza.
B) Technology is necessary for survival.
C) Living without technology can offer peace and stronger relationships.
D) Modern life is always better than traditional life.

Exercise 14

Read the following text for questions 1-6.

TINY HOUSE LIVING

In many countries today, the cost of buying or renting homes is rising quickly. Houses and apartments in cities have become so expensive that some people cannot afford traditional housing. As a result, a growing number of individuals and families are choosing to live in tiny houses—small homes usually no larger than 20 to 30 square meters. These compact spaces offer a simple and affordable lifestyle, especially popular among young people.

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