

## Vocabulary

1 Uzupełnij tabelę wyrazami z ramki.

canoe cross-country ski ice skate scuba dive  
snorkel snowboard

Winter sports verbs	Water sports verbs
<u>cross-country ski</u>	_____
_____	_____
_____	_____

5

2 Podpisz obrazki.



flippers

1



2



3



4



5

5

## Grammar

3 Uzupełnij zdania przysłóvkami utworzonymi od przymiotników z ramki.

bad good happy noisy safe slow

Example: They're playing happily, and they're winning 5-0!

- Tom is always late, because he walks to school \_\_\_\_\_.
- George is doing his homework \_\_\_\_\_, because he's also watching TV.
- We always wear life jackets and water ski \_\_\_\_\_.
- Maggie skates \_\_\_\_\_, because she practises every day.
- Angie is speaking \_\_\_\_\_, and we can all hear her.

5

4 Uzupełnij dialog czasownikiem *be* we właściwej formie czasu *past simple*.

- Olivia: Was Mark at the sports centre yesterday?  
 Leo: Yes, he <sup>1</sup> \_\_\_\_\_.  
 Olivia: <sup>2</sup> \_\_\_\_\_ Gemma and Sam with you?  
 Leo: No, they <sup>3</sup> \_\_\_\_\_.  
 Olivia: <sup>4</sup> \_\_\_\_\_ Tom there?  
 Leo: No, he <sup>5</sup> \_\_\_\_\_. He was at the cinema.

5

5 Napisz pytania do podanych odpowiedzi lub odpowiedzi na podane pytania. Użyj czasownika *be* we właściwej formie czasu *past simple*.

Example: Was Chloe at school yesterday?  
 No, she wasn't.

- \_\_\_\_\_ No, we weren't at the sports shop at eleven o'clock.
- Was Dexter at the shopping centre last Saturday?  
 No, \_\_\_\_\_.
- \_\_\_\_\_ Yes, they were at the hospital last weekend.
- \_\_\_\_\_ Yes, Freya was in New York last year.
- Were your cousins with you last night?  
 No, \_\_\_\_\_.

5

## Reading

6 Przeczytaj artykuł o Alinie Zagitovej. Oznacz literą T (*true*) zdania prawdziwe, a literą F (*false*) zdania fałszywe.

**M**y favourite sportsperson is Alina Zagitova. I think she ice skates beautifully. She is also a very good student and she draws well.

Alina is from Izhevsk in Russia. When she was four years old, she was the youngest girl to ice skate in her town. However, not everything was easy for her. She was very good, and it was difficult for Alina to continue with her family in Izhevsk. Ice skating was better in Moscow and at 13 she was never at home with her parents.

Exercise is very important for Alina and she practises ice skating every day. She practises on the ice for four hours a day and does exercises in the gym. She also has a healthy diet and she eats a lot of fruit and vegetables.

Alina loves animals. She has lots of pets at her home in Moscow.

Example: Alina is a very good ice skater. T

- Alina is good at drawing. \_\_\_\_\_
- She wasn't at home when she was young. \_\_\_\_\_
- Izhevsk was better than Moscow for ice skating. \_\_\_\_\_
- She ice skates every day. \_\_\_\_\_
- She doesn't like pets. \_\_\_\_\_

5

## Listening

7 Wysłuchaj rozmowy Darrena i Jessiki. Następnie odpowiedz na pytania.

Example: What does Jessica want to do this weekend?  
*scuba dive*

1 What is the first thing you need for the activity?  
 \_\_\_\_\_

2 What's the water like? \_\_\_\_\_

3 What other two things has Jessica got?  
 \_\_\_\_\_

4 What is it like in the sea? \_\_\_\_\_

5 What did Jessica see last year? \_\_\_\_\_

5

## Speaking

8 Uzupełnij dialog wyrazami z ramki.

all right back hurt OK too what's

Mum: Oh, ow, ouch!

Danny: Are you all right?

Mum: No, I'm not!

Danny: <sup>1</sup> \_\_\_\_\_ the matter? Where does it <sup>2</sup> \_\_\_\_\_?

Mum: I've got a pain in my <sup>3</sup> \_\_\_\_\_.

Danny: Shall I call the doctor?

Mum: No thanks, but I can't move. My yoga class was very difficult today!

Danny: Why don't you sit down?

Mum: Good idea!

Danny: Are you feeling <sup>4</sup> \_\_\_\_\_ now?

Mum: Better, but my legs and arms hurt, <sup>5</sup> \_\_\_\_\_!

5

## Writing

9 Napisz o swoim ulubionym sportowcu. Uwzględnij informacje o tym:

- skąd pochodzi,
- jaką dyscyplinę uprawia,
- czym zajmuje się obecnie.

---



---



---



---



---



---

5

Total Marks 45

### Extra

10 Uzupełnij zdania właściwą formą czasownika *be* i przysłówkami utworzonymi od przymiotników podanych w nawiasach.

1 No, they \_\_\_\_\_ at school yesterday.

2 Alex is swimming \_\_\_\_\_ (good) today.

3 Yes, she \_\_\_\_\_ on holiday last month.

4 Zara often studies \_\_\_\_\_ (happy).

5 \_\_\_\_\_ they at the stadium yesterday?

5

11 Zakreśl wyraz, który nie pasuje do pozostałych.

1 flippers wetsuit skis

2 sail canoe toboggan

3 snowboard paddles life jacket

4 ice skate snorkel scuba dive

5 stick kite ice skates

5

Total with Extra 55