

Listening Text

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Date:

Student:

Level: intermediate

Listen carefully to the audio. You will hear it as many times as necessary. Follow the instructions and complete all the activities.

Actividad 1 : Fill in the blanks

Instructions:

- Listen to the audio carefully.
- Pay attention to the words and details.
- Complete the sentences with the correct words.

1. Nowadays, many professionals are changing the way they _____.
2. This shift offers great _____, but it also presents new _____.
3. I am sitting in a small _____ shop in Medellin.
4. My friend Sarah is looking for a new _____.
5. Many people struggle to separate their _____ and _____ lives.

Activity 2 : Find the information

Instructions:

- Listen to the audio.
- Don't try to understand every word.
- Focus on the specific information.
- Answer the questions briefly.

1. What type of place is the speaker working in right now?
2. Why is the speaker enjoying the day?
3. What problem do many people have with remote work?
4. What habit helps the speaker manage work better?
5. What are managers doing to support remote teams?

Activity3 : Multiple Choice

- Listen to the audio without stopping.
- Do not focus on details.
- Focus on the main idea and general meaning.
- Choose the correct answer.

What is the main idea of the text?

- a) People are traveling more
- b) Remote work is becoming more common
- c) Offices are closing permanently

Where is the speaker working at the moment?

- a) In an office
- b) At home
- c) In a coffee shop

What is Sarah doing right now?

- a) Working for a company
- b) Looking for a job online
- c) Traveling to another city

What is one challenge of remote work mentioned in the text?

- a) Low salary
- b) Long commutes
- c) Difficulty separating work and personal life

How do companies measure performance now?

- a) By working hours
- b) By attendance
- c) By results