

TASK (4)

Health

- a** go on a diet
- b** lose weight
- c** give up junk food

Exercise

- d** join a gym
- e** do more exercise
- f** take up a sport

Friends

- g** spend more time with friends
- h** make new friends
- i** be kinder to friends

Hobbies and free time

- j** start a new hobby
- k** watch less television
- l** learn a new language or skill

Study

- m** study harder
- n** spend more time on homework
- o** listen more in class

Stress

- p** go to bed earlier
- q** relax more
- r** worry less



Example: Speaker 1: I've decided to do more exercise this year.

Speaker 1

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Speaker 2

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Speaker 3

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Speaker 4

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Speaker 5

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Speaker 6

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Speaker 7

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Speaker 8

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Speaker 9

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