MINITEST 2

I. LISTENING

1. Listen and fill in the blanks with NO MORE THAN TWO WORDS.

Below are three major reasons why employees struggle with job burnout.

(1)	When employees have a limited amount of time to complete their tasks, it becomes difficult for them to maintain the (2) ..... of the work. → employees might not feel (3) ....., leading to frustration.
Lack of (4)	Burnout may increase when workers do not receive encouragement from their (5) ..... or coworkers. Support can come in many forms, including access to necessary tools and resources, mentoring, (6) ..... opportunities, and clear (7) .....
(8) ..... imbalance	Burnout is more likely in workers who ignore (9) ....., give up personal time, and put work before their needs. Continuous stress, exhaustion, and burnout can result from being unable to take breaks and (10) .....

II. WRITING

2. Rearrange the words to have completed sentences.

1. Some people/ to/ maintain/ a/ balance/ struggle/ healthy/ work/ and/ between/ personal /life.

.....

.....

2. Talking/ to/ also/ help/ counselors/ can/ you/ decide/ right/ for/ what's/ you.

.....

.....

LIVEWORKSHEETS

3. Learn/ different/ jobs/ about/ to/ see/ ones/ you/ which/ might/ like.

.....

.....

4. You/ can/ learn/ also/ new/ things/ which/ enhance/ can/ your/ and/ skills/ job/ increase/ satisfaction.

.....

.....

5. If/ you/ feel/ what/ unsure/ job/ you/ want, / conduct/ you/ should/ a self-assessment/ identify/ to/ values, / your/ interests, / and skills.

.....

.....

3. Write a solution for each career issue.

1. I'm stressed out because I have too much work to complete and don't have enough time for myself.

.....

.....

2. I am not happy at work now. I don’t have any motivation to do my job.

.....

.....

3. I'd like to change jobs, but I'm not sure what I should do.

.....

.....

4. I want to advance in my career but don't know how.

.....

.....

5. I'd like to work in a different industry but don't know where to begin.

.....

.....

LIVEWORKSHEETS