



## Building a Paragraph

☞ "Make your paragraph PERFECT"

Letter	Type of Support	What it does
P	Point (Topic sentence)	Your main idea
E	Example	A real situation
R	Result	What happens
F	Fact	Evidence / statistic
E	Explanation	Why it happens
C	Contrast	The other side
T	Thought (Opinion)	Your judgement

Your paragraph needs certain elements to be successful. Remember the following rules:

1. Always start with P (your point-your main idea)
2. Always include the two Es (Explanation and Example)
3. Choose another letter to use and ..... you're DONE!!!



## PERFECT-One Sentence for Each Type (Same Topic)

Topic: Teenagers and phone use

**P (Point):** Many teenagers spend too much time on their phones.

**E (Example):** For example, some students check their phones every few minutes during the day.

**R (Result):** As a result, they often feel tired and distracted at school.

**F (Fact):** According to studies, teenagers spend several hours a day on their devices.

**E (Explanation):** This is because social media apps are designed to keep users engaged.

**C (Contrast):** However, phones can also be useful for educational purposes.

**T (Thought/Opinion):** In my opinion, students should limit their screen time.

### MODEL PARAGRAPHS

Many teenagers spend too much time on their phones (P - Point). For example, some students check social media as soon as they wake up and continue using their phones late at night (E - Example). This is because many apps are designed to keep users engaged with constant notifications and new content (E - Explanation). As a result, teenagers often feel tired at school and cannot concentrate properly (R - Result).



Many teenagers spend too much time on their phones (P - Point). According to recent studies, the average teenager spends more than four hours a day on their devices (F - Fact). This is because social media platforms are designed to keep users engaged with constant updates and notifications (E - Explanation). As a result, many students find it difficult to concentrate in class and often feel tired during the day (R - Result).



1. Now write your own paragraphs following the rules above. Remember to mark your sentences (check the model paragraphs).

a. One advantage of having a pet.

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

2. Now write a second paragraph with a different combination of sentences.

b. One disadvantage of spending a lot of time on your tablet

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---