

Describing Current Activities

My Family These Days

Hello! My name is Sofia.

These days, my family is very busy.

My mom **is waking up earlier** because she **is starting** a new job. She **is working** in an office in the city. These days, she **is drinking** a lot of coffee!

My dad **is working** from home this week. He **is using** the computer all day and he **is having** many meetings.

My brother **is studying** for his exams. He **is reading** his books and **doing** homework every afternoon.

As for me, I **am learning** English. I **am studying** every day and I **am watching** videos in English. I **am** also **helping** my mom at home. These days, we **are spending** more time together.



Present Continuous

Structure

+ Subject + am / is / are + verb + ing = I **am studying**/She **is working**

- Subject + am / is / are + not + verb + ing = I **am not studying**/She **is not working**

? am / is / are + Subject + verb + ing = **are you studying** English?

Uses

1. Actions happening now:

She is reading a book.

I am studying English now.

2. Temporary actions (these days / this week):

My dad is working from home this week.

My mom is waking up earlier these days.

Exercise 1: Choose the correct answer

1. My mom ____ working today.

- a) am
- b) is
- c) are

2. They ____ studying for exams.

- a) is
- b) am
- c) are

3. I ____ learning English.

- a) am
- b) is
- c) are

Exercise 2: Complete the sentences

1. She _____ (read) a book.

2. They _____ (play) soccer.

3. I _____ (study) English.

4. He _____ (work) at home.

Exercise 3: Look and write

1. (she / cook)

2. (they / watch TV)

3. (he / study)

Exercise 4: Write about YOU

I am _____

I am _____

I am _____