

Unit2:Healthy lifestyle

Grammar Task (4)

(Items 1-5)

(5 marks)

For each item, shade in the bubble ☐ under the correct option.

Speaker A: Last weekend I met my friend who has left the country for 10 years. He has changed and has become very .

Speaker B: Really! It seems that he couldn't do anything to stay healthy.

Speaker A: (1)..... ☐Where/ ☐ What do you do to stay health?

Speaker B: I eat healthy food, do sport and drink enough water.

Speaker A: Do you do sport everyday? What about eating junk food?

Speaker B: Yes, (2) ☐ do/ ☐ don't. Eating unhealthy food can harm your physical and mental health.

Speaker A: How (3) ☐ does / ☐ can I improve my health?

Speaker B: You should eat healthy food, exercise everyday ,sleep early and avoid smoking.

Speaker A: (4) ☐Are / ☐ Is sleeping really important for health?

Speaker B: Yes , it is. This is what you (5) ☐ should / ☐ would do.