

# Unit 3

## our daily routine

**L.O:** Students will learn to describe their daily routine in English using simple vocabulary and sentences.

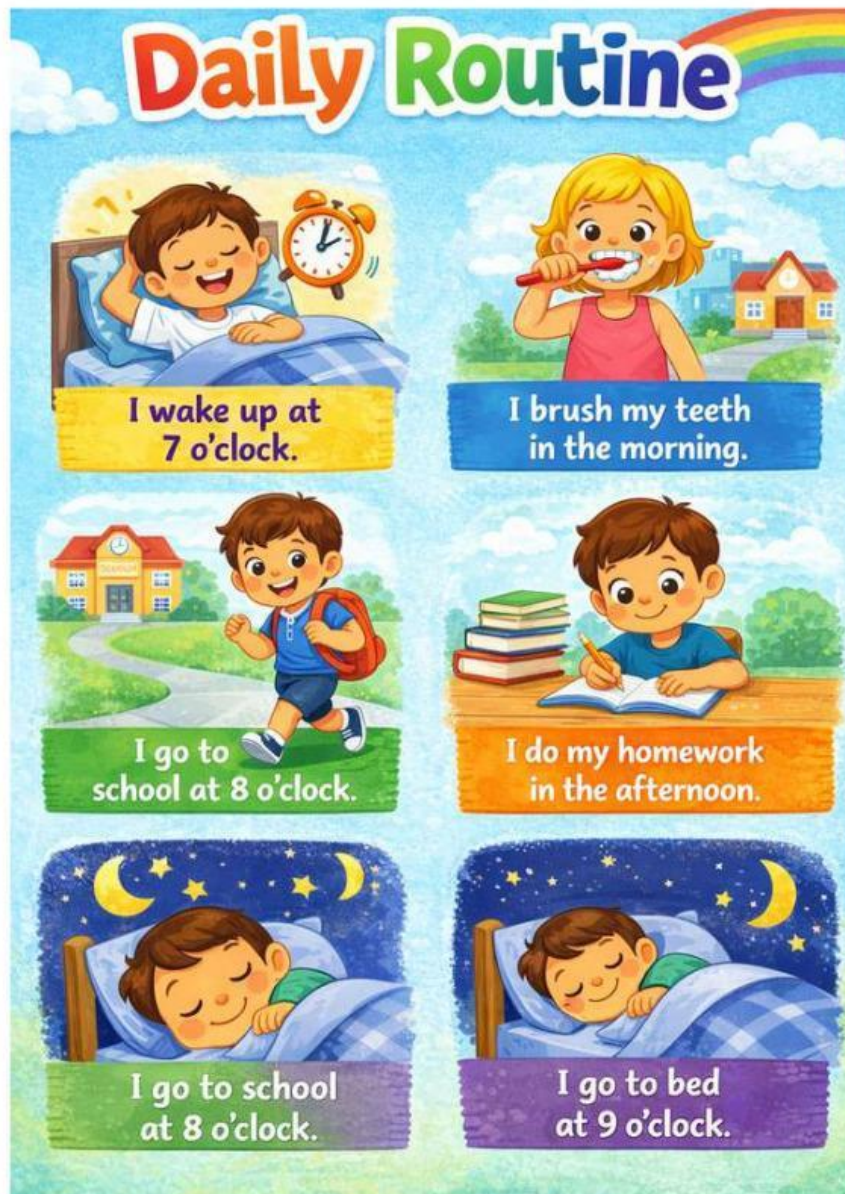
### DAILY ROUTINE



**Let's Learn!**

**Hello, little learners!**

**Today we will explore our daily routine. Let's learn how to talk about the things we do every day, from waking up to going to bed.**





## 1. Speaking. Listen and Repeat:

### 1.1 Watch the video:



<https://www.youtube.com/watch?v=l-cSLXkp8oU>

- **Watch the video “My Day – Daily Routine”. Listen carefully and repeat the words or phrases you hear.**
- **Wake up – Despertarse**
- **Get up – Levantarse**
- **Wash my face – Lavarme la cara**
- **Brush my teeth – Cepillarme los dientes**
- **Take a shower – Bañarme / Ducharme**
- **Get dressed – Vestirse**
- **Have breakfast – Desayunar**
- **Go to school – Ir a la escuela**
- **Study English – Estudiar inglés**
- **Play with friends – Jugar con amigos**
- **Do homework – Hacer la tarea**
- **Have dinner – Cenar**
- **Go to bed – Ir a la cama / Acostarse**





## 2. Listening. Listen and Repeat:

Listen to the video carefully. Complete the sentences with the missing daily routine words.



<https://www.youtube.com/watch?v=hB99BPZplfs>

- I \_\_\_\_\_ up at seven o'clock.
- I \_\_\_\_\_ my teeth every morning.
- I \_\_\_\_\_ a shower before breakfast.
- I \_\_\_\_\_ breakfast with my family.
- I \_\_\_\_\_ to school at eight o'clock.
- I \_\_\_\_\_ English in the classroom.
- I \_\_\_\_\_ with my friends after school.
- I \_\_\_\_\_ my homework in the afternoon.
- I \_\_\_\_\_ dinner at night.
- I \_\_\_\_\_ to bed at ten o'clock.

### Word Bank



- go
- brush
- wake
- study
- play
- take
- have
- do
- get





### 3. Reading:

#### 3.1. Read the story.



## My Daily Routine



Hello! My name is Alex.  
I **wake up** at 7 o'clock every morning.  
Then I **get up** and **brush my teeth**.  
After that, I **take a shower**  
and **get dressed**.



At 7:30, I **have** breakfast with my family.  
Then I **go to school** at 8 o'clock.



At school, I **study English**  
and **play** with my friends at recess.



In the afternoon, I **do** my homework.  
In the evening, I **have dinner**  
with my parents.

At 10 o'clock, I **go to bed**.  
I feel tired and happy after my day!





### 3.2 Choose the correct answer:

What time does Alex wake up?

- a) At 6 o'clock
- b) At 7 o'clock
- c) At 8 o'clock



What does Alex do after he brushes his teeth?

- a) He goes to school
- b) He takes a shower
- c) He has breakfast



What does Alex study at school?

- a) Math
- b) English
- c) Science



What does Alex do in the evening?

- a) He plays soccer
- b) He has dinner
- c) He goes to school





**4. Grammar:** Match the sentences on the left with the correct phrases on the right.

**I brush**

**I go**

**I wake up**

**I do**

**I study**

**I play**

**I have**

**I take**

**I have**

**I go**

**breakfast with my family.**

**my homework in the afternoon.**

**with my friends after  
school.**

**at seven o'clock.**

**dinner with my parents.**

**my teeth every morning.**

**English at school.**

**to bed at ten o'clock.**

**a shower before breakfast.**

**to school at eight o'clock**

