Vocabulary Quiz
Well-being

Unit 8
Group B

Name: _____ Class: ____ Total: ___/20

1 Complete these sentences with the names of the health problems the people have. The first letters of these words have been given.

I haven't eaten all day and now I've got a **h***eadache*.

1 Fred has a terrible **c**_____. I could hear it last night.

2 Miranda drank hot tea with lemon to make her **s**_____ **t**_____ feel better.

3 Mr Jones didn't go to work yesterday because he felt **i**_____.

4 Eva can't play basketball because she's got a **p**_____ in her leg.

5 Mike ate two pizzas, so of course he's got a **s**_____ now! _____/5

2 Complete the sentences using the verbs in the box. There are more verbs than you need.

be	check	come out	feel
keep	lose	make	reduce

My doctor thinks I might *be* allergic to eggs, so I'm going to have some blood tests.

1 It's important to _____ good decisions about your health.

2 If I eat anything with nuts in it, I _____ in a rash.

3 It's easy to _____ your pulse – just press two fingers to your neck.

4 When I'm sick, I always _____ my appetite and I can't eat for a few days.

5 Use this app to _____ track of what you eat every day. _____/5

3 Complete the sentences by translating the part in Polish. Use phrasal verbs.

Amanda said she didn't feel well and then suddenly, she *passed out* (zemdlała).

1 Don't _____ (stresuj się) about your blood test – I'm sure the results will be fine.

2 Carla has _____ (cierpi na) headaches for the last two years.

3 You need a lot of rest – that's the best way to _____ (dojść do siebie po) your illness.

4 It's possible to _____ (trenować) at home – you don't really need any special equipment.

5 Before he _____ (zainteresował się) jogging, Tim hadn't done anything to keep fit. _____/5

4 Circle the correct words.

Ouch! I just bit my *mouth* / *tongue*.

1 She put her hands behind her *neck* / *back* to hide what she was holding.

2 I'm so thirsty that my *lips* / *hips* are dry.

3 My school bag is heavy and my *shoulders* / *knees* hurt from carrying it.

4 Nick broke his *foot* / *finger* and now he can't hold a tennis racket.

5 The doctor listened to my *forehead* / *heart* and said it sounded fine. _____/5

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LIVEWORKSHEETS