UP English Center

Name: _____

Class: _____

1. Read the sentences and pay attention to the words in **red**. Then write a synonym for each red word. The words are: convenience store, papyrus, condensation, ligament, arcade, deodorant, bone, water vapor, cologne, perfume

1. The ancient Egyptians wrote on ancient paper made from plants.	Papyrus
2. She sprayed some fragrance before going to the party.	
3. He likes a light fragrance for men for school days.	
4. Water droplets on a cold surface form on the outside of a c	
5. Invisible gas in the air rises when water boils.	
6. The children played games in the shopping mall game center.	
7. We bought snacks at a small 24/7 shop near our house.	
8. The doctor said I broke a hard part of the body in my arm.	
9. A strong band that connects bones helps the body move.	
10. I use a product that helps prevent bad smell from the armpit every morning.	

LIVEWORKSHEETS

2. Read the passage and answer the following questions.

THE KIDNEYS AND THEIR FUNCTION



The kidneys are two very important organs in the human body. They are located in the lower part of our back, one on each side of the spine. Each kidney is about the size of a fist and has a bean-like shape.

The main function of the kidneys is to clean the blood. Every day, our blood carries waste substances that come from food, drink, and body activities. The kidneys act like a natural filter. They take waste and extra water out of the blood and turn them into urine.

After the kidneys make urine, it moves to the bladder. When the bladder is full, the urine leaves the body when we go to the toilet. This process helps the body get rid of harmful waste.

The kidneys also help control the balance of water and salts in the body. If there is too much water, the kidneys remove it. If the body needs water, the kidneys keep it. This balance is very important for the body to work properly.



In addition, the kidneys help control blood pressure and support the production of red blood cells. Without healthy kidneys, waste can build up in the body and cause serious health problems. That is why we should drink enough water and take care of our health every day.

LIVEWORKSHEETS

1. What is the main function of the kidneys?

2. How do the kidneys help clean the blood?

3. Why is urine important for the body?

4. Why is it important to keep your kidneys healthy?

5. What do you think might happen if the kidneys stop working properly?

6. What healthy habits can help protect your kidneys?

LIVEWORKSHEETS

3. Write about your healthy habits. You should write about:

- what you do every day to stay healthy
- what food you like and don't like
- what exercise you do
- what bad habits you try to avoid
- why it is important to have a healthy lifestyle

LIVEWORKSHEETS