

My Favorite Sport



Name:

Class:

Date:

A. Initial Reflection

Answer briefly.

What role do sports play in your daily life?

Which sport do you enjoy the most? Why?

B. Quick Opinion

Choose one:

I prefer:

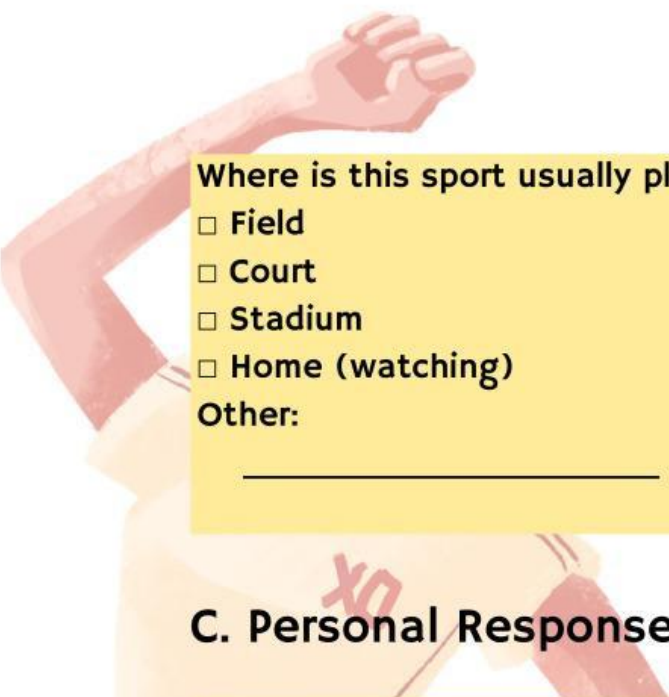
- ☐ Team sports
- ☐ Individual sports

Reason:

Tick the skills needed for your favorite sport:

- ☐ Speed
- ☐ Strength
- ☐ Strategy
- ☐ Teamwork
- ☐ Focus

Add one more:



Where is this sport usually played or watched?

- ☐ Field
- ☐ Court
- ☐ Stadium
- ☐ Home (watching)

Other:

C. Personal Response

Favorite Sport: _____

Reason: _____

Place (play/watch): _____

Experience: _____

D. Reflection

How confident are you? (Circle one)

Low — Medium — High

What was the most challenging part?

