

> Putting it TOGETHER 

6 Complete the text with the words and expressions below.

breaking a record effort opponents

strength championships beat

no matter speed



Dancing on the Wall

Ashima Shiraishi is not even 20 years old, but she is considered the world's best female rock climber. Her performances leave her ¹ speechless. ² how smooth the wall, she can climb it.

No one could have predicted that a young city girl from Manhattan would ³ experienced adult climbers at some of the hardest rock-climbing sites in the world.

It all started when her parents would take her to a playground in Central Park which was near an outdoor climbing site. There, Ashima would climb the rocks with great ⁴

This got the attention of an experienced climber, Yukihiro Ikumori, who later became her first trainer. And the rest is history.

⁵ in almost every competition, Ashima has repeatedly won world ⁶ for her age group. Rock climbing is a combination of upper body

⁷, technique and style. However, Ashima makes it look like it takes no ⁸ at all.

**> Vocabulary FOCUS** | Compound Nouns

7 Match the sentence beginnings in A with their continuations in B. Pay attention to the words in bold.

A

- 1 She was disappointed to be the **runner-up**,
- 2 According to these **guidelines**,
- 3 In a surprising **turnaround**,
- 4 Jane was once our **teammate**,
- 5 As a tennis **superstar**,

B

- **a** our side scored three goals in the second half of the game.
- **b** but she no longer plays.
- **c** we should get an hour of physical activity every day.
- **d** as she had hoped to win.
- **e** she earns millions of pounds a year.



8 Match the compound word to its sport.

football athletics running

- 1 long jump
- 2 finish line
- 3 kick-off

> Vocabulary FOCUS | Collocations

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9 Choose the correct answer to show that you understand the meaning of the collocations in bold.

- 1 I'm **well aware** of the problem. I *have been informed* / *had no idea*.
- 2 She's got a **bright future** here. I'm sure she'll *leave* / *be successful*.
- 3 It's **highly unlikely** that he'll arrive on time. He's *never* / *always* late.
- 4 We're **way ahead** of everyone. Let's *catch up to* / *wait for* them.
- 5 We were **pleasantly surprised** to hear the *good* / *sad* news.
- 6 She's running at **top speed**. I'm sure she'll *win* / *lose* the race.
- 7 He's got a **slight accent**. You can *really* / *hardly* hear it.
- 8 The footballer was **badly injured**. He went *home* / *to hospital*.



10 Choose the correct word to complete the collocations. Pay attention to the words in bold.

- 1 Unfortunately, she's in *down* / *poor* **health**.
- 2 Quiet! John is *fast* / *quick* **asleep** on the sofa.
- 3 I was stuck for an hour in *heavy* / *big* **traffic**.
- 4 That's a **valid point** / *detail*. I'm glad you mentioned it.
- 5 Since 2012, there's been a *rapid* / *hurried* **growth** in local tourism.
- 6 The *vast* / *big* **majority** of the people in this country are poor.