Nombre:_____ Fecha:_____

Health Conditions: Homework

1. Medical Match-Up 🩺

Read the descriptions below. Write the correct health condition from the word bank into the table.

Word Bank:
AIDS | **Obesity** | **Diabetes** | **Heart Attack** | **Mental Disorder** | **Alzheimer's** | **Cancer**

Description	Condition
1. A condition where the body cannot properly control the level of sugar in the blood.	
2. A medical emergency that occurs when blood flow to the heart is suddenly blocked.	
3. A disease where abnormal cells grow and spread out of control in the body.	
4. A disease of the brain that slowly causes memory loss, confusion, and changes in behavior.	
5. A disease caused by a virus (HIV) that severely damages the body's immune system.	
6. A condition characterized by excessive body fat that can negatively affect a person's health.	
7. A condition that affects a person's thinking, feeling, mood, or behavior (e.g., severe depression or anxiety).	

2. Fact or Fiction? 🧠

Decide if each statement is **True** or **False**. If it is false, rewrite it to make it true!

8. Eating a balanced diet and exercising regularly can help prevent obesity and type 2 diabetes.

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9. Alzheimer's disease mostly affects children and teenagers.

10. AIDS can be cured completely in a few days by taking standard antibiotics.

11. Mental disorders are real illnesses that can be treated by doctors, therapists, and sometimes medication.

3. Doctor for a Day 📋

Read the brief patient cases below. Based on what you learned in class, write down which health condition the patient is likely experiencing. Then, suggest one helpful action they or their family could take.

12. Case A: Mr. Jones has been feeling very tired, excessively thirsty, and needs to use the bathroom frequently. His doctor told him he needs to start monitoring his blood sugar levels carefully.

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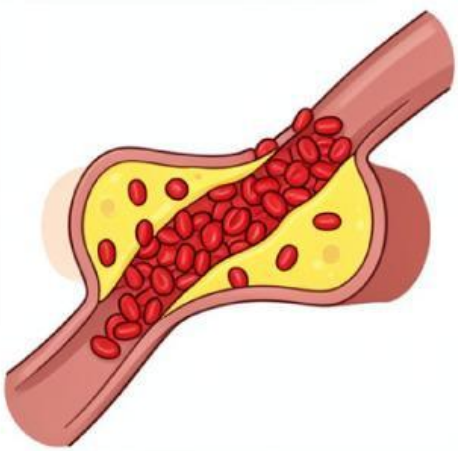
13. Case B: Grandma Clara keeps forgetting the names of her close family members. Yesterday, she got lost walking in her own neighborhood. Her doctor says the cells in her brain are slowly degenerating.

14. Case C: Sam has been feeling extremely sad, exhausted, and hopeless for over six months. He doesn't want to play his favorite sports anymore or see his friends.

4. Inside the Arteries



Look at the illustration of the artery. Over time, poor lifestyle choices can cause plaque (fatty deposits) to build up inside blood vessels.

15. What life-threatening event can occur if an artery that supplies blood to the **heart** becomes completely blocked?

16. Name **two** healthy habits a person can adopt to keep their arteries clear and reduce the risk of this happening.

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