

Let's Practice!

Unit 4



NAME: _____

DATE: _____

Words connected with outdoor activities

1 Write one word in each gap. The first letter has been given.

- 1 You need a nice, calm horse when you go h_____ for the first time!
- 2 You need strong arms and legs for r_____.
- 3 You must jump out of a plane to do s_____.
- 4 H_____ is walking, usually in the country.
- 5 You can't go s_____ without a boat.
- 6 If you want to try i_____, you need to find some ice first!

3 Choose the best answer (A, B or C) to fill each gap.

Hi Jordan,

I've just come back from a long holiday where we tried different activities.

In the first week, there was a lot of snow so we went skiing and snowboarding. Then in the second week we went (1) _____ in the mountains. It was cool, but we walked a long way. In the third week we went (2) _____. I was a bit scared at first (you know what I'm like with animals) but I really enjoyed (3) _____ and I didn't fall off! In the last week I (4) _____ a go at different sports that I'd never tried before.

We (5) _____ up late at the weekends, but not on the other days because we couldn't sleep in. I wanted to try sky-diving but the weather was bad and they (6) _____ it off. I'm definitely going to do it next time!

I'll tell you more when we (7) _____ together next month. Right now I want to take (8) _____ a new activity – sleeping!

Ed

- | | | |
|-----------------|----------------|-----------------|
| 1 A sailing | B swimming | C hiking |
| 2 A ice-skating | B horse-riding | C rock-climbing |
| 3 A me | B myself | C I |
| 4 A did | B gave | C had |
| 5 A stayed | B went | C slept |
| 6 A worked | B took | C called |
| 7 A be | B get | C make |
| 8 A in | B out | C up |

Phrasal verbs

2 Choose the correct answers.

- 1 Sometimes we go **out / off** on Fridays because we can sleep **out / in** the next day.
- 2 I think I'd like to take **up / out** a new sport.
- 3 I try to go to the gym and work **out / up** every day.
- 4 If you like eating **off / out**, maybe we can get **together / out** at the weekend.
- 5 We don't often stay **up / off** later than midnight.
- 6 If there's a lot of snow, they usually call **in / off** the match.

Collocations connected with free time

4 Match to make sentences.

- 1 Fiona would like to have a go _____
 - 2 As he had the day off _____
 - 3 Annette loves spending _____
 - 4 I like school but I have a _____
 - 5 Free time is great but you need to make _____
 - 6 After working for an hour or two, you should take _____
- a) better time at the gym.
 b) a short break.
 c) at sky-diving.
 d) time with her best friend, Vicky.
 e) time for school work too.
 f) school, Ted wanted to go swimming, but his mum wouldn't let him.

Fill in GOING TO or WILL future.

1. When the weather is fine, we _____ a picnic in our garden. (probably have)
2. _____ to ask him for help? (you ask)
3. Susan _____ the bathroom next weekend. (paint)
4. I think he _____ her name. (find out)
5. I _____ a walk in the garden this evening. (take)
6. Let's hope that the wind _____ away the clouds. (blow)
7. Mary _____ a good mark because she has studied hard. (get).
8. Are you sure, you _____ in a tent in your holidays? (sleep)
9. Peter _____ his new bike in the park. (ride)
10. I hope Jane _____ me to her party. (invite).
11. I _____ dad's car tomorrow afternoon. (wash)
12. Mum thinks dad _____ home early tonight. (come)
13. It _____ very cold in the mountains. Take a sweater with you. (probably be)
14. We _____ our bikes in the park. Can you come with us? (ride)
15. It's my birthday next Friday. Mum _____ a cake. (bake)

Present simple and present continuous for the future

Choose the correct words or phrases.

- 1 I'm cooking / cook dinner tonight, so can you be home by 8.00?
- 2 Are you going / Do you go out tonight or will you be home later?
- 3 I can't believe it! The shop **doesn't open** / **isn't opening** until 10 o'clock on a Saturday.
- 4 The talk you want to go to is **finishing** / **finishes** at 8 o'clock.
- 5 Are you having / Do you have a good time tonight?
- 6 The hiking tour is **leaving** / **leaves** at 10 o'clock on Saturday and Sunday morning.