

## Simple Past Tense

### Part 1: Regular Verbs

**Instructions:** The sentences below talk about things that happened in the past. Complete each sentence by changing the regular verb in the brackets into the Past Tense (remember to add -ed or -d).

1. Yesterday, the nurse \_\_\_\_\_ (smile) at me when I visited the surgery.
2. I \_\_\_\_\_ (listen) to the doctor and took my medicine.
3. We \_\_\_\_\_ (walk) to the chemist to buy some medicine for my cold.
4. He felt very cold, so he stayed in bed and \_\_\_\_\_ (rest).
5. I \_\_\_\_\_ (remember) to wash my hands to stay healthy.
6. Last week, my sister \_\_\_\_\_ (visit) the surgery because she had an earache.
7. The boy \_\_\_\_\_ (phone) the doctor because his head hurt.
8. We \_\_\_\_\_ (play) with toys in the waiting room.
9. The teacher \_\_\_\_\_ (ask) the children how they felt this morning.
10. I \_\_\_\_\_ (look) at the books while I waited to see the nurse.

### Part 2: Irregular Verbs

**Instructions:** These "tricky" verbs change their spelling completely in the past. Fill in the blanks with the correct Past Tense form of the irregular verb in the brackets.

1. I \_\_\_\_\_ (have) a bad stomach-ache after lunch yesterday.
2. She \_\_\_\_\_ (wake up) with a toothache this morning.
3. The doctor \_\_\_\_\_ (say), "Open your mouth and say 'Ahhh'."
4. He \_\_\_\_\_ (eat) some soup because he had a sore throat.
5. I \_\_\_\_\_ (see) the doctor in the small, friendly office.
6. They \_\_\_\_\_ (are) at the hospital to visit their grandmother.
7. My friend \_\_\_\_\_ (feel) very unwell on Monday.
8. We \_\_\_\_\_ (go) to the surgery because it was less busy than the hospital.
9. I \_\_\_\_\_ (sit) on a chair in the waiting room.
10. The nurse \_\_\_\_\_ (give) me some medicine for my cough.

What happened yesterday?

## A. Write the words in the story.

**Word bank:**

phoned – jumped – shouted – visited – played – listened to – watched – landed – looked at –  
walked – jumped

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1. Yesterday, Daisy \_\_\_\_\_ Clara and Oliver. 'I need some apples,' she said.
2. Clara and Oliver \_\_\_\_\_ to the market square to buy the apples.
3. They \_\_\_\_\_ their grandmother to give her the apples.
4. Then they \_\_\_\_\_ in the park. It was sunny.
5. Suddenly, a spaceship \_\_\_\_\_.
6. A little monster was in the spaceship. Clara and Oliver \_\_\_\_\_ him.
7. It rained. The monster \_\_\_\_\_, 'Rain! Help!'
8. The children \_\_\_\_\_ him shout, 'Help!'
9. Clara and Oliver \_\_\_\_\_ in the puddles. They were happy.
10. The monster \_\_\_\_\_ them.
11. The monster \_\_\_\_\_ in the puddles too.
12. Everyone was happy!