

3 CHECK YOUR UNDERSTANDING

 **A** **READING SKILL** Read the Reading Skill. Answer the questions.


1. The topic of the article is using electronic _____.
2. What is the main thing the writer wants to tell you about the topic?
 - a. Our devices are not good for our health.
 - b. The time that people spend on their devices is increasing.
 - c. It is a good idea to spend some free time without devices.

READING SKILL Find the main idea

The main idea is what the writer wants you to know about the topic. To find the main idea, first find the topic. Then ask yourself: What does the writer want to tell me about this topic?

 **B** **DETAILS** Check all the correct answers.

1. According to the article, what can happen when people are "tied to their devices"?
 - a. They don't have enough time.
 - b. They don't listen carefully.
 - c. They don't remember things.
 - d. They don't make a lot of friends.
 - e. They often don't sleep well.
 - f. They don't do well in school.
2. In which countries do people spend more than 450 minutes a day in front of a screen?
 - a. United Kingdom
 - b. Brazil
 - c. China
 - d. Mexico
 - e. Vietnam
 - f. South Korea
3. According to the article, what are some positive things about doing nothing?
 - a. You can be creative.
 - b. You can think about other people.
 - c. You can get some great ideas.
 - d. You can remember better.
 - e. You can rest your brain.
 - f. You can meet new people.

 **C** **FOCUS ON LANGUAGE** Read. What do the underlined words mean?

1. Almost everyone is using at least one device.
 - a. Almost everyone is using one device.
 - b. Almost everyone is using one or more devices.
2. When people use their devices, they often don't pay close attention to what is happening around them.
 - a. People don't watch or listen carefully to what is happening around them.
 - b. People are far away from things that are happening around them.