

Grammar: Reflexive pronouns

5. Complete the chart.

Use a reflexive pronoun when an object refers to the subject.

I like to challenge **myself** by measuring my progress every week.

You need to set a deadline for _____.

He wasn't pleased with **himself** when he heard criticism of his performance.

She taught _____ the skills she needed to write essays.

We decided to enjoy **ourselves** only after we had studied for the test.

Teenagers can help _____ to any of the career planning books we have.

Many people achieve the goals **they** set for **themselves**.

Check your answers: Grammar reference, p. 115

6. Complete the sentences.

1. My sister rewarded herself with a long walk after she had studied for three hours.
2. We set _____ a deadline for finishing the big project.
3. I didn't do well on the test. I blame _____ for not studying harder.
4. To succeed in life, you need to believe in _____.
5. Those kids need to face challenges by _____. They can't always ask their parents to help them.
6. Edward scared _____ when he thought he had lost his homework.

7. Add a sentence with a reflexive pronoun and *by*.

1. Nobody in the group had time to work on the presentation except Adrian and Stephanie.
They worked on it by themselves.
2. He didn't have help writing his essays for school.

3. Nobody helped Cristina do the project.

4. None of my friends wanted to study with me yesterday.

5. My sister and I didn't do our exchange programs together.

6. My best friend couldn't go shopping yesterday.



Reflexive pronouns with *by*

You can use reflexive pronouns with *by* to say you did something "without help" or "alone."

I don't cook much, but I made this dinner **by myself**. Do you like it?

Mike painted his house **by himself**. He didn't hire a professional painter.



Say it **RIGHT!**

A consonant cluster is a group of consonants with no vowels. Pay attention to the pronunciation of consonant clusters with /l/. Listen and repeat the words.

myself, himself, themselves
skills, shells, tells