

England's traditions have been around for hundreds, even thousands of years. English cuisine is among the **deep-rooted** traditions that English people are proud to keep alive.

Typical English cuisine has developed over many centuries, and people say that fish and chips is the most English dish of all. It is believed that fish and chips **appeared** in England in the 19th century. The earliest fish and chip shop opened in London during the 1860s. Since then people have considered fish and chips to be England's national dish, and it is now a common takeaway in the United Kingdom

The **basic** ingredients of the dish are fried fish served with chips. People in different places may add peas, vinegar, lemon, or ketchup. Fish and chips is served hot as the main dish in England. Although there is oil and carbohydrates in fish and chips, it is healthier than other takeaway dishes.

Now there are fish and chip shops in many countries, and it is becoming more and more popular in other countries too. Preserving and promoting fish and chips is the way English people keep themselves **associated** with the past.

Meaning/Explanation	Word
1. linked or connected 2. difficult to change or destroy 3. started to be seen 4. necessary and important	