Tên: ……..

Lớp: S6…

Ngày giao bài: Thứ ……, ngày ……/…….

Ngày nộp bài: Thứ ……, ngày ……/…….

Week: 33

Ngữ pháp HW: ……

Đọc HW: ……

PET READING INTENSIVE

A. THEORY

I. CAMBRIDGE VOCABULARY

- PET Part 2

No.	New words	Meanings	No.	New words	Meanings
1	**membership fee** (n)	phí thành viên	4	**advanced workout** (n)	bài tập nâng cao
2	**race-track** (n)	đường đua	5	**league table** (n)	bảng xếp hạng
3	**one-to-one** (adj)	một kèm một, cá nhân hóa	6	**five-a-side** (adj)	(bóng đá) năm người một đội

- PET Part 3

No.	New words	Meanings	No.	New words	Meanings
1	**catch up with** (phr.v)	cập nhật, theo kịp	4	**take notice of** (phr.)	chú ý đến, để tâm đến
2	**satnav** (n)	thiết bị định vị (GPS)	5	**come to one's rescue** (phr.)	đến giải cứu, giúp đỡ
3	**the list goes on** (phr.)	còn nhiều nữa, danh sách còn tiếp tục			

II. METHOD

1. UNDERLINE KEYWORDS

- Đọc tiêu đề và câu hỏi trước để nắm được chủ đề tổng quát của bài đọc.
- Gạch chân từ khóa trong câu hỏi, ưu tiên các từ khó thay thế như **tên riêng, con số, thuật ngữ chuyên ngành** và các từ mang nghĩa chính như động từ, tính từ.
- Nếu là bài trắc nghiệm, gạch chân từ khóa trong từng đáp án A, B, C, D để nhận ra sự khác biệt nhỏ nhất giữa các lựa chọn.
- Khi đọc bài, tìm từ khóa đã gạch chân — nhưng nhớ rằng bài đọc thường **không dùng từ giống hệt** mà sẽ dùng từ đồng nghĩa hoặc diễn đạt theo cách khác.

2. SKIM AND SCAN

- **Skimming** — đọc nhanh tiêu đề, câu đầu và câu cuối của mỗi đoạn để nắm ý chính mà không cần hiểu từng từ một.
- **Scanning** — di chuyển mắt thật nhanh theo đường zíc-zắc hoặc từ dưới lên để tìm thông tin cụ thể như số liệu, ngày tháng, tên địa danh đã xác định ở phần keywords.
- Khi tìm được vùng thông tin liên quan, dừng lại và **đọc kỹ** đoạn đó để đối chiếu với câu hỏi và đưa ra đáp án chính xác.
- Kiểm tra lại ngữ cảnh xung quanh để tránh các từ gây nhiễu như **"not", "except", "instead of"** có thể làm thay đổi hoàn toàn ý nghĩa câu.

3. WATCH OUT FOR TRAPS

Bài đọc thường cố tình gài bẫy bằng cách dùng từ giống câu hỏi nhưng mang nghĩa khác, hoặc diễn đạt lại thông tin theo cách dễ nhầm. Cụ thể:

- Để ý các từ phủ định hoặc giới hạn như **"not", "except", "only", "unless", "instead of"** — một từ duy nhất có thể đảo ngược hoàn toàn nghĩa của câu.
- Từ trong đáp án **xuất hiện trong bài không có nghĩa là đáp án đó đúng** — bài đọc thường dùng đúng từ đó nhưng trong một ngữ cảnh khác.
- Bài đọc thường **diễn đạt lại** câu hỏi và đáp án — nếu chỉ tìm từ giống hệt mà không hiểu nghĩa, rất dễ chọn sai.

LIVEWORKSHEETS

- Để ý **mức độ so sánh và số lượng**: các từ như *"all", "always", "never", "most"* trong đáp án thường là bẫy vì bài đọc hiếm khi khẳng định tuyệt đối như vậy.
- Thông tin trong bài có thể **đúng nhưng không trả lời câu hỏi được hỏi** — luôn đối chiếu đáp án với đúng câu hỏi, không chỉ với bài đọc.
- Với câu hỏi về **ý chính hoặc mục đích của tác giả**, tránh chọn đáp án chỉ đúng với một chi tiết nhỏ trong bài — đáp án đúng phải bao quát toàn bộ đoạn hoặc bài.

B. CLASSWORK

PET READING PRACTICE (10 questions)

I. PET Part 2

Questions 6–10

For each question, choose the correct answer.

The people below all want to do something to keep fit.
On the opposite page there are eight descriptions of fitness activities.
Decide which activity would be the most suitable for the people below.

6

Theo is new to the area and wants to get fit for the first time in his life. He is more interested in team sports and would like to make friends as well.

7

Barbara loves running and would like to join a running club. She can't afford a membership fee to begin with but if she likes it, she'd be keen to sign up and volunteer as well.

8

Tracy has decided to join a gym. She wants to have someone who can help and encourage her to work hard. She'd also like to go swimming at the weekend.

9

Steve is looking for a personal trainer and is returning to exercise after hurting his ankle. He is busy at work and needs someone who is available any day.

10

Debbie is a keen athlete and wants to find somewhere she can train on a **race-track** and compete against other athletes. She likes to train early in the morning.

LIVEWORKSHEETS

Fitness activities

A Stevie's Gym

Stevie's Gym is well known in the area for offering the best in everything to do with health and fitness. Relax in our luxury swimming pool or use the latest equipment in the gym. It's easy to lose interest if you don't have the right support, and our skilled team of trainers will get you started and help you stay focused.

B Blackwell Gym

The very best in personal service. Our members get a free health check when they join. We will then discuss your aims and design a personal programme to help you achieve your goals. Open six days a week, closed on Sundays.

C The Arcadian Harriers

We meet in the Arcadian Leisure Centre twice a week and set off on planned routes around the area. Join us on Tuesday for the 6k run and Thursday for the 10k. You don't have to become a member to run with us, but we'd love it if you did. We are also looking for people to help out with events.

D JDC Gym

We offer personal, one-to-one training programmes for beginner and more advanced workouts. Our trainers are available seven days a week and can meet you at the gym or at a place that's more convenient to you. Build your strength and fitness and get help with any injuries you may have.

E Temple Health and Fitness

Whether you want to improve your fitness or lose weight, you can be sure to find the support you need to achieve your goals with our team of personal trainers. Visit our website to view their personal profiles and areas of expertise. Currently we are offering sessions at weekends only.

F Arena Leisure Centre

We know that some days are perfect for achieving goals in the gym, while others are best spent relaxing in the sauna. Whatever your needs, we can promise you a personal service. Please note the swimming pool is being used for competitions every Saturday and Sunday and is not open to the public on these days.

G Central Fitness and Leisure

We are one of the larger leisure centres in the area and can offer a huge range of activities at our 24-hour gym and 400-metre running track that is free to use for members. Sign up to our monthly league table and see how your times compare to other members.

H Sport Special

For those who want to focus on their own personal fitness, Sport Special provides members with a modern gym with the latest equipment. The leisure centre also organises group events such as five-a-side football or hockey. After the match, get to know your team mates in the café for tea, coffee and snacks.

LIVEWORKSHEETS

Questions 11–15

For each question, choose the correct answer.

Georgina Johnson writes about the mobile phone

Looking back to when I was younger in the 1980s, I can remember dreaming of two inventions I thought would change my world but were probably not likely to happen in my lifetime. One was a tiny video camera that I could carry around in my pocket and film moments whenever I had the opportunity. The other was something I could use to see and speak to people miles away. I often saw them in science fiction films, and they didn't even need to be plugged in!

I find it incredible that during my adult life these two dreams have become a reality. And not even two separate inventions. Just one phone, small enough to keep in my pocket so that I hardly know it's there. I can video call or chat to friends and relatives, catch up with the latest news, watch videos of my favourite bands, check the weather forecast or send messages. Thanks to **satnav** I never have to worry if I get lost when I make a journey somewhere I have never been before. I can shop as much as I want and even take a course in any subject I want ... the list goes on.

Along with the internet, the mobile phone must be the biggest change in technology ever. So why do many of us feel slightly worried about how much time we spend on the phone in our lives? It's strange that the opportunities it has offered us for communication seem to have limited the time we actually spend talking to each other. We are all used to seeing friends and families who are always looking at their screens and taking very little notice of those around them.

The mobile phone is here to stay and we have to find a way of dealing with the problems it might create. I believe these are challenges we have to solve individually rather than expecting something or someone else to come to our rescue. It's up to us to be careful about the time we spend online and remember that it's good to talk with those sitting nearby. We can still feel amazed to have such a powerful piece of technology available when we need it.

LIVEWORKSHEETS

11 What does Georgina say about the 1980s?

A She didn't have a TV.

B Some inventions seemed a long way in the future.

C People were always watching science fiction films.

D She had friends who lived a long way away.

12 Georgina says that a mobile phone

A is easy to carry.

B can be hard to know how to use.

C is easy to lose.

D is helping her with her studies.

13 What changes does Georgina say the mobile phone has created?

A We now depend on the internet.

B It stops us seeing friends and relatives as often.

C We communicate with people in a different way.

D We spend more time communicating with people.

14 Georgina thinks that people who use a mobile phone

A don't realise how powerful it can be.

B should speak to others for help.

C are beginning to wish it hadn't been invented.

D are responsible for using it sensibly.

15 What would be a good introduction to this article?

A Georgina Johnson explains how her dreams have come true now the mobile phone has made her life so much easier.

B Are you spending too long on your mobile phone? Georgina Johnson warns of some of the dangers.

C One of the greatest inventions of all time or something we should be a little concerned about? Georgina Johnson gives her views on the mobile phone.

D Do you dream about what the future may be like and what technological inventions will occur? They are unlikely to come true says Georgina Johnson.

LIVEWORKSHEETS

GRAMMAR (17 questions)

I. Choose the correct forms of BOTH, EITHER, NEITHER to complete the sentences.

1. Can **either / both / neither** you or Lisa take me to the station?
2. **Both / Neither / Either** of them could take me to the station, so I had to take a taxi.
3. A: Are you from Spain or from Italy? B: **Both / Neither / Either**. I'm from Portugal.
4. **The both of us / Both of us / Both us** can win this game.
5. With a tourist visa, you can **either / both / neither** work nor study.
6. He showed us two apartments but we didn't like **either / both / neither** of them.
7. **Both / Neither / Either** John and Sara were invited.
8. The tennis game was fantastic. **Both / Neither / Either** players were great.
9. The match was really boring. **Both / Neither / Either** team played well.
10. You can choose **either / both / neither** of those two presents. Which one do you prefer?

II. Use the words/phrases in the box to write complete sentences.

faster	**more carefully**	**several**	**much**	**a few**	**harder**	**more easily**

1. _____.
2. _____.
3. _____.
4. _____.
5. _____.
6. _____.
7. _____.

C. HOMEWORK

GRAMMAR (22 questions)

I. Con học thuộc nghĩa của từ, chỉnh phát âm theo từ điển và chép mỗi từ ở phần I. Cambridge Vocabulary (trang 1) 1 dòng vào vở ghi.

II. Complete the text with suitable reflexive pronouns.

Last weekend, we decided to organise a small party at home. My sister and I did everything by (1) _____, from decorating the house to preparing the food. She even taught (2) _____ how to bake a cake by watching videos online.

During the party, everyone enjoyed (3) _____ and had a great time. Unfortunately, my little brother hurt (4) _____ while playing in the garden, but it wasn't too serious.

At the end of the day, I looked at (5) _____ in the mirror and felt proud. We had done everything by (6) _____ without any help.

LIVEWORKSHEETS

III. Complete the text with the words in the box.

none	**all of**	**any**	**both**	**either**
every (x2)	**most**	**neither**	**no**	

I have very fond memories from school. I remember nearly everything I did as a student. I keep in touch with (1) _____ of my friends from school. (2) _____ them have jobs, except for one who is unemployed, but (3) _____ of them have children; I'm the only one.

My two best friends are also from school, Deborah, and Sam. They (4) _____ live in the same city that I live in; well, actually, I could say they are almost my neighbours because (5) _____ of them lives very far from me.

This is great because I know I can count on (6) _____ of them if I have a problem. We never have (7) _____ arguments, and we have (8) _____ secrets. We tell each other everything. We see each other almost (9) _____ day, and my son adores them. He would spend (10) _____ day with them if he could.

IV. Rewrite the sentence so that it has the same meaning as the given one. Use the word in the bracket. Write NO MORE THAN 5 WORDS.

1. Tom runs faster than Jack. **(SLOWLY)**

   → Jack runs_____ .

2. Anna speaks more clearly than her sister. **(LESS)**

   → Anna's sister speaks_____ .

3. Mary is a better piano player than her sister. (**DOES**)

   → Mary plays the piano _____ .

4. We arrived at 7:00, but the teacher arrived at 6:45. (**EARLIER**)

   → The teacher arrived _____ .

5. My father is a safer driver than my mother. (**SAFELY**)

   → My father drives_____ my mother.

6. Tom's preparation for the exam was more careless than mine. **(CARELESSLY)**

   → Tom prepared for the exam _____ .

LIVEWORKSHEETS

CAMBRIDGE READING PRACTICE (10 questions)

Lưu ý:
1. Khi làm bài tập có từ mới, các con phải tra từ điển. Sau khi tra từ điển, các con chép mỗi từ mới **1 dòng** để ghi nhớ.
2. Các con gạch chân các từ khoá chính trong bài.

I. Extra Reading 1

Read the text (PET Part 2 – page 2) and decide if the statements are True or False.

1. Theo is looking for a fitness activity that he can do on his own. → _____
2. Barbara is interested in volunteering at a running club if she enjoys it. → _____
3. Tracy wants to join a gym that has a swimming pool she can use on weekdays. → _____
4. Steve needs a personal trainer who is flexible about which days they can meet. → _____
5. Debbie prefers to do her training sessions in the afternoon. → _____

II. Extra Reading 2

Read the text (PET Part 3 – page 4) and complete the summary below. Choose ONE WORD ONLY from the text for each answer.

In the 1980s, Georgina dreamed of two inventions that she thought were not **(1)** _____ to happen in her lifetime. One was a small camera she could carry in her pocket, and the other was a device that could let her see and speak to people far away. She had seen similar things in science **(2)** _____ films.

Today, Georgina finds it **(3)** _____ that both dreams have come true in the form of a single mobile phone. She uses it to video call friends, catch up with the news, and check the weather **(4)** _____ before going out. Thanks to satnav, she never has to worry about getting **(5)** _____ when visiting somewhere new.

LIVEWORKSHEETS