

## Reading text

*Social media has changed the way teenagers communicate. Platforms like Instagram and TikTok allow young people to share ideas, photos, and videos instantly. However, experts warn that spending too much time on screens can affect concentration and sleep. Despite this, many educators believe that using technology wisely can improve learning. The key is finding a balance between online and offline activities.*

### 4 Multiple Choice Questions:

1. What platforms like Instagram and TikTok have changed?
  - a) The way teenagers eat
  - b) The way teenagers communicate
  - c) The way teenagers study
  - d) The way teenagers sleep
2. What do experts warn about?
  - a) Using technology at school
  - b) Spending too much time on screens
  - c) Not having a smartphone
  - d) Watching too many videos
3. What do many educators believe?
  - a) Technology should be banned
  - b) Technology always harms learning
  - c) Technology used wisely can improve learning
  - d) Students should avoid social media
4. What is the key message of the text?
  - a) Social media is dangerous
  - b) Teenagers should stop using technology
  - c) Balance between online and offline activities is important
  - d) TikTok is the best learning tool

### 3 True / False Questions:

1. Social media allows teenagers to share ideas instantly.
2. All educators think technology is harmful to learning.
3. Spending too much time on screens can affect sleep.

### 3 Matching Questions:

Term	Definition
A) Social media	(...)The ability to focus on task
b) Concentration	(...) Platforms used to share content online
C) Balance	(...) An equal distribution between two things

### 5. Preguntas para TedEd (Listening)

Una vez que pegues tu video de YouTube en TedEd, puedes usar estas preguntas genéricas adaptables a cualquier video sobre tecnología o comunicación:

### 4 Multiple Choice:

1. What is the main topic of the video?
2. According to the speaker, what is one benefit of [topic]?
3. Which of the following best describes the speaker's opinion?
4. What does the speaker suggest at the end of the video?

### 1 Short Answer:

- In your own words, explain one idea from the video that you found interesting and why.

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### Discussion Prompt:

- *Do you think technology helps or hurts communication among teenagers? Give at least two reasons to support your answer.*

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