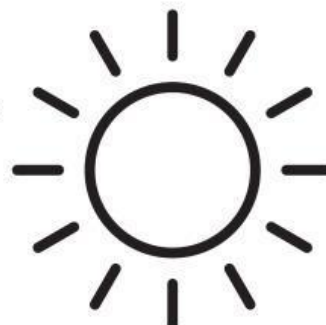


A Complete the advice in the leaflet with *have to* or *mustn't*.

How to treat sunstroke

Sometimes people get ill because they have been in the hot sun for too long. Do you know what to do to help? Guess the right answers then check in the key.

- 1 You _____ try to bring the temperature down.
- 2 You _____ give them aspirin.
- 3 You _____ pour water down their throat as quickly as possible.
- 4 You _____ lay the person on their left side.
- 5 You _____ make the person lie face down.
- 6 You _____ move the person into shade.
- 7 You _____ put anything in their mouth.
- 8 You _____ call a doctor, if they cannot stay awake.



B Complete the advice with *should*, *shouldn't* or *don't have to*.

- 1 You _____ try to calm the person.
- 2 You _____ give the person a gentle leg massage.
- 3 You _____ use vinegar to bring down the temperature.
- 4 You _____ take off their shoes.
- 5 You _____ place the person's hands on their stomach.
- 6 You _____ remove the person's hat.

C Work with a partner. Check your answers in the key and find out how well you completed the leaflet. Are you a good first aider?

Key: It is absolutely necessary to bring the temperature down, so move the person into shade and call a doctor. Always lie the person on their left side, not face down. Use water but never pour it down their throat quickly. And put nothing in their mouth, including aspirin. It is good advice to calm the person down, give them a leg massage and to take off clothes, hats and shoes. Always use water – not vinegar. It is not necessary to place the person's hands anywhere.