

Упражнение 1: Text Field

Chris Svensson's Book

Chris Svensson is the author of a best-selling book called "1) _____".

In traditional workplaces, people usually work from 2) _____ in the morning until 3) _____ or 4) _____ in the evening. When people stay late in the office, it's called "5) _____".

In the past, people could clearly separate work and private life. 6) _____, weekends, and holidays were free for hobbies, sports, and spending time with 7) _____ and friends.

However, things have changed. Now most people can access their 8) _____ from mobile phones. They can also use 9) _____ to work from home or from a hotel when on holiday.

This new mobility has advantages. People can work 10) _____ and catch up on work in the evening if they need to leave early for their 11) _____.

Упражнение 2: Alternative Choice

Choose the correct answer

1. What is the title of Chris Svensson's book?

- A) Nine to Five Forever
- B) No more nine to five
- C) Work and Life
- D) The Modern Workplace

2. In traditional workplaces, what time did people usually start work?

- A) 8 a.m.
- B) 9 a.m.
- C) 10 a.m.
- D) 5 p.m.

3. What do we call working late in the office?

- A) Working extra
- B) Working late
- C) Working overtime
- D) Working hard

4. According to Chris, when is it NOT common for people to work in traditional environments?

- A) In the mornings
- B) In the evenings
- C) At the weekend
- D) During lunch

5. What device allows people to access work emails anywhere?

- A) Desktop computers
- B) Telephones
- C) Mobile phones
- D) Tablets

6. What is one advantage of the new mobility?

- A) Higher salaries
- B) More vacation days
- C) Flexible working
- D) Shorter working hours

Упражнение 3: Selection

Choose all the right answers.

1. Which statements about TRADITIONAL workplaces are TRUE?

- ☐ Working hours were clearly divided
- ☐ People worked from nine to five or six

- ☐ Weekends were usually free
- ☐ People often worked during holidays
- ☐ Overtime meant staying late in the office

2. Which activities does Chris mention as non-work areas of life?

- ☐ Hobbies
- ☐ Sports
- ☐ Shopping
- ☐ Spending time with family
- ☐ Interests

3. What has changed in modern working life?

- ☐ People can access work emails on mobile phones
- ☐ Laptops make it easier to work from home
- ☐ People never work at weekends anymore
- ☐ Traditional divisions between work and life are fading
- ☐ Everyone works only from 9 to 5 now

4. What are the advantages of new mobility?

- ☐ People can work flexibly
- ☐ People can leave early and catch up later
- ☐ People work fewer hours in total
- ☐ People can work from different locations
- ☐ People don't need to work at all

Упражнение 4: Matching

Match two parts of the sentences

Table

Beginning	Ending
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Beginning	Ending
1. Chris Svensson wrote a book about	a) work emails from mobile phones
2. In traditional workplaces, evenings and weekends were	b) work-life balance
3. Working late in the office is called	c) flexible working hours
4. Most people can now access their	d) free for non-work activities
5. New mobility allows	e) working overtime

Ответы: 1-b, 2-d, 3-e, 4-a, 5-c

Упражнение 5: Drag and Drop

Put the events in the right order

Table

A	People worked from nine to five
B	People can access work emails on mobile phones
C	Weekends were free for family and hobbies
D	People can work flexibly from different locations
E	Working overtime meant staying late in the office