

Упражнение 1: Text Field (Заполнение пропусков)

Прослушайте интервью и заполните пропуски словами из аудио.

Chris Svensson's Book

Chris Svensson is the author of a best-selling book called "1) _____".

In traditional workplaces, people usually work from 2) _____ in the morning until 3) _____ or 4) _____ in the evening. When people stay late in the office, it's called "5) _____".

In the past, people could clearly separate work and private life. 6) _____, weekends, and holidays were free for hobbies, sports, and spending time with 7) _____ and friends.

However, things have changed. Now most people can access their 8) _____ from mobile phones. They can also use 9) _____ to work from home or from a hotel when on holiday.

This new mobility has advantages. People can work 10) _____ and catch up on work in the evening if they need to leave early for their 11) _____.

Ответы: 1) No more nine to five, 2) nine, 3) five, 4) six, 5) working overtime, 6) evenings, 7) family, 8) work emails, 9) laptops, 10) flexibly, 11) family

Упражнение 2: Alternative Choice (Выбор ответа)

Выберите правильный вариант ответа.

1. What is the title of Chris Svensson's book?

- A) Nine to Five Forever
- B) No more nine to five ✓
- C) Work and Life
- D) The Modern Workplace

2. In traditional workplaces, what time did people usually start work?

- A) 8 a.m.

- B) 9 a.m. ✓
- C) 10 a.m.
- D) 5 p.m.

3. What do we call working late in the office?

- A) Working extra
- B) Working late
- C) Working overtime ✓
- D) Working hard

4. According to Chris, when is it NOT common for people to work in traditional environments?

- A) In the mornings
- B) In the evenings
- C) At the weekend ✓
- D) During lunch

5. What device allows people to access work emails anywhere?

- A) Desktop computers
- B) Telephones
- C) Mobile phones ✓
- D) Tablets

6. What is one advantage of the new mobility?

- A) Higher salaries
- B) More vacation days
- C) Flexible working ✓
- D) Shorter working hours

Упражнение 3: Selection (Множественный выбор)

Выберите ВСЕ правильные утверждения (может быть несколько вариантов).

1. Which statements about TRADITIONAL workplaces are TRUE?

- ☒ Working hours were clearly divided
- ☒ People worked from nine to five or six
- ☒ Weekends were usually free
- ☐ People often worked during holidays
- ☒ Overtime meant staying late in the office

2. Which activities does Chris mention as non-work areas of life?

- ☒ Hobbies
- ☒ Sports
- ☐ Shopping
- ☒ Spending time with family
- ☒ Interests

3. What has changed in modern working life?

- ☒ People can access work emails on mobile phones
- ☒ Laptops make it easier to work from home
- ☐ People never work at weekends anymore
- ☒ Traditional divisions between work and life are fading
- ☐ Everyone works only from 9 to 5 now

4. What are the advantages of new mobility?

- ☒ People can work flexibly
 - ☒ People can leave early and catch up later
 - ☐ People work fewer hours in total
 - ☒ People can work from different locations
 - ☐ People don't need to work at all
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Упражнение 4: Matching (Сопоставление)

Соедините начало предложения с его окончанием.

Table

Beginning	Ending
1. Chris Svensson wrote a book about	a) work emails from mobile phones
2. In traditional workplaces, evenings and weekends were	b) work–life balance
3. Working late in the office is called	c) flexible working hours
4. Most people can now access their	d) free for non-work activities
5. New mobility allows	e) working overtime

Ответы: 1-b, 2-d, 3-e, 4-a, 5-c

Упражнение 5: Drag and Drop (Перетаскивание)

Расположите события в хронологическом порядке (от традиционного к современному).

Перетащите элементы в правильном порядке:

Table

A	People worked from nine to five
B	People can access work emails on mobile phones
C	Weekends were free for family and hobbies
D	People can work flexibly from different locations
E	Working overtime meant staying late in the office