

REFLECTION WORKSHEET

Name: _____ Date: _____

1. My performance today

What did I do well in today's lesson?

→ _____
→ _____

2. Language development

What new words or phrases did I use?

→ _____
→ _____

Did I use them confidently?

- Yes
- Not really
- I need more practice

3. Communication & participation

How did I work with others?

- I participated actively
- I listened to others
- I shared my ideas clearly
- I need to participate more

4. Areas for improvement

What would I like to improve next time?

→ _____
→ _____

5. Real-life application

What is ONE thing I will do differently this week to improve my productivity?

→ _____

6. Quick self-assessment

Circle your answer:

I feel more confident talking about workplace productivity now:

1 - Not at all 2 - A little 3 - OK 4 - Good 5 - Very confident