

Unit 2

Instructions:

Follow along during the live class or recording to answer the questions.

Bell Ringer 4/6-7 (Monday-Tuesday)

Without moving, can you feel any of the bones in your body right now? Which ones?

The Skeletal System

- Name one KEY fact from class about the skeletal system:
- Is there extra credit offered for the unit? What is it?
- How many bones are in the skeletal system? Choose one:
 - 106
 - 345
 - 212
 - 206
- Name something that the skeleton does for the body:
- Name ONE TYPE of **BONE**:
- Name ONE TYPE of **JOINT**:
- Name the section of the skeleton:

	Name: _____
	Name: _____

The Muscular System

- List the 3 types of muscle in the body:
 - a.
 - b.
 - c.
- What are the 2 types of muscle movements:

- a.
- b.
- For each term, find a photo that shows what it is:

Movement	Photo
Abduction	
Adduction	
Flexion	
Extension	

Extra Credit

Using the following resources, answer the questions below:

 **Video Resource:** [Primary Mitochondrial Myopathy Explained \(Overview Video\)](#)

 **Reading Resource:** [Myopathy Overview – Cleveland Clinic](#)

- What is myopathy?
- What are some of the causes?