

Part 1 – Health

Read and choose A, B, C, or D

Some people cannot feel pain. This is dangerous because they may not notice injuries like burns or broken bones. Pain helps us know when something is wrong.

1. Why is pain important?
 - A. It makes us stronger
 - B. It warns us about problems
 - C. It makes us tired
 - D. It is useless
2. What may happen without pain?
 - A. People are always safe
 - B. People notice injuries quickly
 - C. People may be injured without knowing
 - D. Nothing happens

Part 2 – Survival

True (T) or False (F)

Minh got lost in a forest. He stayed calm, found water, and waited in one place. After two days, rescuers found him.

3. Minh panicked. ____
4. He found water. ____
5. He stayed in one place. ____

Part 3 – Technology

Choose the best answer

Smartphones are useful but using them too much can affect health and study. Students should use them wisely.

6. Smartphones are:
 - A. useless
 - B. only harmful
 - C. helpful but need control
 - D. only for games
7. Too much phone use can:
 - A. improve health
 - B. cause problems
 - C. help sleep
 - D. increase exercise

Part 4 – Weather

Choose the best answer

During a camping trip, a storm started. The family stayed in their tent and waited until it ended.

8. What happened?
 - A. Snow
 - B. Storm
 - C. Earthquake
 - D. Fire
9. What did they do?
 - A. Ran away
 - B. Stayed outside
 - C. Stayed in the tent
 - D. Climbed a tree
10. Why were they safe?
 - A. They ignored the storm
 - B. They followed safety rules
 - C. They called friends
 - D. They left early