

1 Complete with the present simple or the present continuous form of the verbs given.

- 1 I (do) a lot of physical exercise at the moment because they say it (help) reduce stress, but it (not work) with me!
- 2 She normally (wear) her hair short – she says it (look) tidier.
- 3 These days my team and I (train) for four hours a day to prepare for the school football finals which (take place) every year in June.
- 4 I (feel) really pleased today because my teacher says I (make) great progress with my English.
- 5 My little sister (need) encouragement – she's very clever but she (not show) it.
- 6 She (always/complain) about everything, and I (become) more and more annoyed with it.

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Maya Polar Bear is one of the internet's favourite dogs and she (1) (get) more followers all the time. Maya is a beautiful white Samoyed dog who (2) (always/be) friendly and easy-going. She's very cute and funny in the photos and videos which her owner Karen (3) (post/once a week). Karen (4) (add/usually) writing to show what Maya is thinking. In one of her most popular videos, Karen (5) (hug) Maya and Maya (6) (make) funny faces. (7) (Maya/smile) in the video? Maybe she is!

(8) (you/want) a dog like Maya? If so, you should think about whether a Samoyed is right for you. Samoyed dogs (9) (be) affectionate and energetic, and they (10) (like) playing. However, they (11) (always/make) noise, which can be annoying!

Sylvia (1) has/is having many qualities, but she's a bit too shy. She's more intelligent than she (2) thinks/is thinking. She's quite a good student and she (3) knows/is knowing French and Spanish well, but she's poor at maths. In fact, she (4) gets/is getting very low marks in algebra at the moment. Sylvia badly (5) needs/is needing extra lessons and (6) looks/is looking for a private teacher. She's my best friend and we (7) have/are having a great time when we hang out together. And we (8) love/are loving going window-shopping – we (9) look/are looking at clothes, or (10) smell/are smelling the new perfumes, but we rarely buy anything.

