

# Cyberbullying Worksheet (20 minutes)

Name: \_\_\_\_\_

Class: \_\_\_\_\_

Date: \_\_\_\_\_

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## Part 1: Open-Ended Questions (5 minutes)

1. In your own words, what is cyberbullying?

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2. Why do you think cyberbullying happens more today?

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3. How do you think a person feels when they are cyberbullied?

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## Part 2: List Questions (3 minutes)

4. List **two technologies** people use that can be involved in cyberbullying:

- \_\_\_\_\_
- \_\_\_\_\_

5. List **three examples** of cyberbullying:

- \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
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## Part 3: True or False (4 minutes)

Write **True (T)** or **False (F)**:

6. \_\_\_\_\_ Cyberbullying happens only once.
  7. \_\_\_\_\_ Cyberbullying can happen using phones or computers.
  8. \_\_\_\_\_ Posting hurtful things online is a form of cyberbullying.
  9. \_\_\_\_\_ Cyberbullying is always done face-to-face.
  10. \_\_\_\_\_ Sharing embarrassing photos without permission is cyberbullying.
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### **Part 4: Multiple Choice Questions (MCQ) (4 minutes)**

11. Cyberbullying is:
    - A) Helping someone online
    - B) Using technology to upset someone repeatedly
    - C) Playing games online
    - D) Studying on the internet
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12. Which of the following is an example of cyberbullying?
    - A) Sending kind messages
    - B) Doing homework
    - C) Spreading rumors online
    - D) Watching videos
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13. Which device can be used in cyberbullying?
    - A) Smartphone
    - B) Tablet
    - C) Computer
    - D) All of the above
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14. What is NOT cyberbullying?
    - A) Sending mean messages
    - B) Posting hurtful comments
    - C) Helping a friend online
    - D) Sharing embarrassing photos
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### **Part 5: Fill in the Blanks (4 minutes)**

15. Cyberbullying is the use of \_\_\_\_\_ to deliberately upset someone.

16. Cyberbullying happens \_\_\_\_\_ and repeatedly.
  17. One example of cyberbullying is sending \_\_\_\_\_ messages.
  18. Teens use smartphones, tablets, and \_\_\_\_\_ every day.
  19. Posting \_\_\_\_\_ things about someone online is cyberbullying.
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### **Bonus (Optional – if time remains)**

20. Share a cyberbullying story that happened to you or someone you know:

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