

Access 7 – Term 3 – Unit 8 – Lesson 2

How do young people spend their free time? Watching TV? Riding a bike? Doing homework? We asked 1,000 young people to tell us what they do at the weekend.

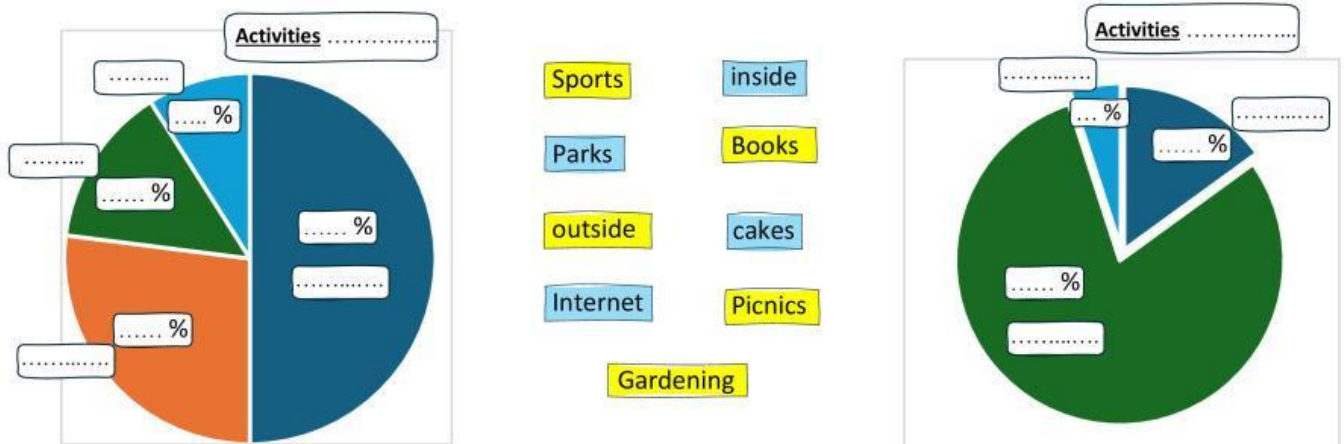
Activities outside

Around 50% of young people say they play sports. Football, basketball and swimming were the most popular. Many young people also go walking at the weekend. 14% said they like walking in the park and 9% said they like having picnics. Nearly 27% of young people said working in the garden was one of their top activities.

Activities at home

Around 5% of the people whom we asked said that they liked to read books in free time. Watching TV and using the internet were very popular, too. 80% of people chose the Internet as their favourite way to spend time. 15% of people said they like making cakes at the weekend. We're not sure how much time they spend eating them.

Complete the charts with information from the text.



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