



How do young people spend their free time? Watching TV? Riding a bike? Doing homework? We asked 1,000 young people to tell us what they do at the weekend.

Activities outside

Around 60% of young people said they play sports. Football, basketball and swimming were the most popular. Many young people also go walking at the weekend. 20% said they like walking in the park and 10% said they like having picnics. Nearly 10% of young people said working in the garden was one of their top activities.

Activities at home

Around 50% of the people we asked play computer games and read books. Watching TV and using the internet were very popular, too. 80% of people chose the Internet as their favourite way to spend time. 20% of people said they like cooking at the weekend. Some people said they make cakes. We're not sure how much time they spend eating them, but we don't think that will take long!

Activity 4 Reading

Read the sentences about the article. Are they True or False?

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|---|--|----------|----------|
| 1 | 60% of young people play sports. | T | F |
| 2 | 10% said they like walking. | T | F |
| 3 | Nearly 10% of young people work in the garden. | T | F |
| 4 | 20% like cooking. | T | F |
| 5 | 10% spend time online . | T | F |